



# The INSIDER

An Independent Newspaper

*For Wynmoor Residents*

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APRIL 2019



By Insider Staff

After a recent scam attempt, I have decided to use this newspaper as a vehicle to spread valuable information to the residents of Wynmoor.

That being said, I decided to put Scotty Leamon's article on the front page so that he could share his expert

advice with you as well.

Please read, listen and get SCAM SMART! It is more important now than ever. With today's technology, anyone and everyone is a VICTIM!

I have also taken the time to share a you tube video with you called: "**10 Newest Phone Scams You Should Be**

**Aware Of."** Copy and paste this link: <https://youtu.be/0TOIjqBDpRc> into your computer browser and you will be connected to the video which will give you detailed information about these scams. These are not all of the scams that exist, but some of the most common ones.

As we have all been told over and over again, **NEVER** give out your information. In fact, insist on calling the person back. Then, verify the issue with the proper source by calling them directly. You will find, that by taking these steps, you will save yourself a lot of time and grief.

## **NEVER** Give Out Any Information Over The Phone

By Scotty Leamon

Public Information Officer, Coconut Creek Police Department

A good scam artist was never the quiet guy at the party. The best ones are talkative, persuasive, well read, and yes... smart.

All those qualities can make them very difficult to deal with, especially over the phone, which is why it's important to remember to never, ever give out any personal information on the phone. Nowadays, government agencies and private companies won't call you up out of the blue because they understand that it makes them look like they are running a scam. If you're running a company or a government office that makes its money off good customer service, why would you risk doing something the scam artists do?

The scammers basically come at you over the phone in one of two ways:

- They're your "knight in shining armor." They call you up with the perfect solution to a problem you never knew that you had. Computers and cell phones are prime targets. They'll call you up claiming that there's something wrong with your computer or cell phone and they have just the magic beans that you need to plant in order to make the solution grow. They'll be as nice to you as they can be. They'll probably even call from realistic looking phone numbers that they've somehow managed to hijack. When they start asking you to give them your credit card number so they can "verify it," or something else involving personal information, that's when you know it's a scam.

- They're your "worst enemy." They call you claiming they're an "IRS agent" and you owe tax money, or say they're a "sheriff's deputy" and you forgot to show up at jury duty. They tell you to go to the store and buy gift cards, then give them the numbers on those cards, or they will send police to your house to arrest you immediately. Whereas, when they're your "knight in shining armor" they are manipulating your trust, when they are your "worst enemy" they are manipulating your fear. Who's not afraid of the IRS or a supposed law enforcement officer? Never mind the fact that you've never gotten a letter from the IRS, or had any clue that you missed jury duty. If you get a call and it starts down that road, then you know it's a scam.

After all, elected officials want your vote. Would you vote for someone who threatened to take you to jail if you missed a jury duty that you never knew you had? And doesn't the IRS have a bad enough reputation already? Why would they add to it by treating people this way? The IRS sends you letters. They never call you on the phone.

The bottom line is to be very aware that scam artists will target anybody, anywhere. Never let your guard down and if sounds fishy, just hang up! No matter how gifted a scam artist is in art of cajolery, he can't get to you if he's the only one on the phone.

**If You Are Not 100% Sure of Who Is Calling - HANG UP ON THEM!!!**



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## Security News

Dispatch: 954-978-2667

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules. First Offense: \$25 Fine Second Offense: \$50 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

### In Case Of Emergency 9-1-1

In each unit, there is a button for emergencies. When this button is pushed, it is supposed to notify the guard gate that there is an emergency.

However, due to equipment problems and the age of the equipment located in each unit, the system is not working properly. Therefore, if you experience an emergency, you need to call 911. Do not rely or use the button in your unit.

### Your Guest List

There is no longer a permanent guest list. The new Wynmoor Gate System brings greater security to our community. Unit owners or tenants are responsible to call in their guest, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

**Make sure your guest has I.D. ready when approaching the gate for proper verification. Make sure your guest has the NAME and ADDRESS of the resident they are visiting.**

### Important Numbers

For Medical Emergencies Always Dial 9-1-1.

- Security, Emergency: ..... 954-978-2663
- Automated Gate Access: ..... 954-978-2666
- Security Dispatch: ..... 954-978-2667
- Resident Registration Office: ..... 954-978-2600, ext. 321
- On Call Bus: ..... 954-978-2667
- Coconut Creek Police, Non-Emergency: ..... 954-973-6700

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- Racquet Center: ..... 6:00 AM - 11:00 PM
- Theatre Complex: ...7:00 AM - 11:00 PM (unless there is a specific approved event)

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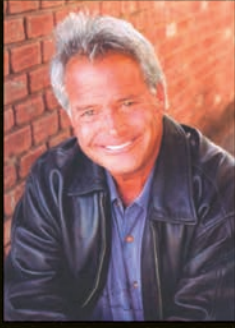
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# pen to paper

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## Problem Solved

By Peter Hardis

It was 6 years ago that my cousin Roberta passed away. About two months after she died, I sat down and wrote a list of the names and telephone numbers of every relative I could think of. My list also included all the friends I ever had and names of the many acquaintances I had come to know over the years.

The next morning, I handed the list to my wife while we were having our coffee. She put on her reading glasses and began to look it over. She then looked up at me and said, "What is this?" I said, "This is a list of all the people I want you to call the day I die. I'm just trying to make it easier for you when that happens."

Shaking her head in disgust she turned her eyes back to the list. "Ok, let's see what my brilliant husband came up with. Jeff and Linda Katzman; the last time we saw them was 20 years ago just before they moved to San Francisco and we haven't heard from them since. Jon and Jody Gerber; they divorced a long time ago and we completely lost contact with either one. Sharon Siegel?? Sharon, your high school girlfriend from 42 years ago. That slut! YOU ARE NUTS!!"

Then she started to laugh hysterically, "Eddie Camacho! I'm sure that as much as he would love to attend your funeral, I don't think he will be able to make it. Want to know why, you jerk? He died more than 4 years ago. There is something terribly wrong with you!!! Now I'm really curious who else you came up with just to see how insane you are. Bingo! You are insane!! Jules and Susan Kirshenbaum, our former neighbors. I know that when I call them to tell them that you died, they will be so happy they will have a big going away party for you. Don't you remember? They were the ones you sued because you thought their dog was making on your lawn. Remember how the judge was outraged that you dragged such lovely people into court over nothing? He almost held you in contempt for wasting his, the Kirshenbaums, and The People's Court's time about such stupid nonsense. I'm sure the Kirshenbaum's will send me a condolence that will read, 'we are so sorry to hear that you had to put up with that

crazy husband of yours for so long. We are sure that his death is a great relief to you just as much as it is for us.' Pete, you need to get help as soon as possible!

Trying to talk some sense into my wife, I said, "Remember Roberta's funeral? Don't you remember that there was hardly anyone at the funeral parlor and at the cemetery? When we paid a shiva call, hardly anyone was there also. I don't want that to happen to me!" Looking straight at me she said, "Why didn't I listen to my mother about you BEFORE we got married? She was so right!"

When she said that I got so angry at her, I didn't talk to her for the next four days. During that time, I found scattered around the house little scraps of paper with the words, "Get Help!!" written on them. The only reason why I started to talk to her again was because I nearly scared myself to death thinking just to be spiteful, she won't call anyone when I die. Every day for the next two years I was haunted with the constant fear that no one was going to show up at my funeral.

Then, out of the blue an idea came to me. I immediately sat down at my computer and within a week I created an online website for my new business. In order to increase my exposure, I also ran small ads in the local Pennysaver and in the Rockland and Westchester Journal News to advertise my new enterprise. This is what it said:

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I was so surprised at how quickly this took off and how lucrative it became. Because of its success my wife was inspired to establish her own new business; that of spending the money as fast as it was coming in. She explained

*Continued on page 8*

# If your walls could talk, they'd thank you.



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# pen to paper

Pen to Paper continued from page 7

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her extravagance to me by saying, "This is the money you owe me for all the years of hardship I had to put up with being married to you!"

But the greatest satisfaction for me with this whole experience is that I'm so proud that I was able to provide such a worthwhile service for not only those who are the bereaved, but just as importantly for those who have passed on.

As for me, I no longer have any fear of having a low turn-out at my funeral. This is because I know that no matter what, I am guaranteed to have at least 120 very dedicated, very well-paid mourners who will attend my funeral whether or not my wife calls any of my relatives, my friends, and my acquaintances on the day I die.

## How I Learned To Love Reading

By Lawrence E. Correia

When I was 10 years old, you couldn't get me to even open up a book, never mind to read it. It was luck if I even looked in a comic book, but I was fortunate to have two parents who were avid readers and wise enough to find a method to entice me to read.

It just so happens that the one thing I wanted most in this world was a bicycle. My mother had learned that the local library was having a reading contest and informed my father. He knew of my desire to have a bicycle, so he combined that with the knowledge of the library's reading contest into a challenge for me to meet.

What my father proposed was that if I could win the contest, he would find a way to get me a bike. You must understand that contest began in May and this was late June and the person who was in the lead had already read 28 books. This was not an easy challenge when you realize that you, not only had to read the books, but also had to recite to the librarian the story, plot and name the characters and events in the story. On June 23, 1953, I enrolled in the reading contest and checked out 7 books to begin my challenge.

The next morning at 6:00 AM, I got out of bed, ate some Wheaties, gathered my

brother Steve, my sisters, Kathy and Terry and my baby brother, Eddy (peanut butter and jelly sandwiches and a jug of cherry Kool Aid for lunch, plus diapers, baby powder, Kleenex and band aids) to Hazzelwood Park. This was a necessary chore so my mother could have the time to clean house, prepare supper and get ready to go to work at the Berkshirc Hathaway cloth factor. All this effort included my bringing several books to read while pushing my two sisters in their swings and rocking the baby in his stroller. Thank God my brother Steve was old enough to play on the swings himself.

Somehow, I managed to read on the average two to three books a day. My parents began to worry about my wellbeing reading from 7:00 AM to 10:30 PM every day. My father told me to take a break, in fact, he by saying said to take time to smell the roses and my mother went a step further by saying that I should not only smell the roses but inhale the fragrance to my very soul. My mom sure did have a way of expressing herself in a poetic manner. Needless to say, after a few seconds, taking in the roses I went back to reading with a re-enforced determination to win the contest.

My reading choices covered a variety of subjects from novels such as, "The Deerslayer, Last of the Mohicans, The Red Pony, Oliver Twist, Romeo and Juliet, Tom Sawyer," and others. My interests also covered Histories such as "The Monitor and the Merrimac, Old Ironsides, Julius Caesar, The Desert Fox" etc. In addition, I read biographies such as "George Washington, Thomas Jefferson, Ben Franklin, Alexander the Great, Thomas Edison, The Wright Brothers" and I also included a number of Science Fiction novels, such as "Journey To The Center Of The Earth, War of the Worlds, Alas Babylon, 20,000 Leagues Under the Sea," and "The Mysterious Island." All these fascinating books opened up a whole new world for me and transported my mind and soul to another world I had never known.

Needless to say, I won the contest by reading 132 books that Summer and my nearest competition only read 38 books. My father, true to his word, obtained an old Schwinn bicycle which he painstakingly restored three weeks after I won the reading contest. The real prize I won was not the bike, but the love affair I developed for reading in all its forms.

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# pen to paper

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## My Latest Career Shift - At Age 88!

By Irv Kaplan

Several years ago, fellow Wynmoor resident, Frank Lemco, came to me with a problem. His couch was just too low for comfortable seating. I fixed it by attaching wooden blocks to the sofa legs. We were all delighted with the results and I felt like a genuine carpenter - or at least as someone capable of solving problems. This was a result of what I had learned in Woodworking classes. It went beyond making Menorahs, cutting boards and push pulls. This was an opportunity to offer practical help, just like a professional.

Last week, I got my second customer!

Bev's Canadian cousin, Deborah, came to us carrying a small, carved stool. She and her husband are also Snowbirds and while in Florida, often join us for Wynmoor's entertaining weekend shows, music in the Cove on Thursday evenings, and Bev's January morning classes.

Deborah sadly told me that the stool had belonged to her mother-in-law and was a nice memory of her. It was 4-legged, with a lovely flowered cover that the mother-in-law had made herself. Deborah loved it and now, one of the legs had broken. What could be done? And could I do it?

Maybe.

I took the stool home with me and the next morning, brought it to the Woodshop.

Many residents bring in broken items for repair.

I studied the stool carefully. It didn't look too difficult to fix it if I only knew where to start.

Where could be better than by asking my fellow Wood-Workers for their advice.

Carl was one of the best.

Could he help me? Would he?

Yes, to both questions

He took it out of my arms and walked into the back room. There, he used special glue and the nail staple gun.

In 10 minutes (10 minutes!), it was finished!

He said, "Don't use it for 24 hours to let the glue set."

It was perfect!

I couldn't wait to call Deborah with the good news.

She thanked me and thanked me. I tried to tell her that I could not take the credit. Carl had done all the work.

However, I did bask in the praise, realizing it is not only what you know but whom you know that makes all the difference!

## Falling In Love

By Lil Miller

I was thirteen - he was fourteen. I lived on the wrong side of the tracks, he lived on the right side of the tracks. I with my shiny new roller skates - he with a shiny new red bike, decided one Saturday to try our new gifts on a sloping sidewalk leading to the main street. Skate key flying around my neck (remember - to keep the clamps tight). I was skating "lickity split" down that sidewalk - a hilly mound of grass. Hiding in the bend where streets met, came a young boy on his new red bike, "lickity split" around the corner. No way for either to stop! As he met me head on, he landed in the grassy mound - me hitting the cement sidewalk. To this day, I remember saying "You dumb dope - couldn't you see me coming?" My knee was bleeding and my elbow too. I thought I had left Earth for good! He introduced himself as J. Miller - very polite. "I live here on Miller Street," he said. "Wow," I thought. What a rich kid he was to own a whole street. Six blocks away was also Miller's Pond that we ice skated on when it froze over.

*Continued on page 10*



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# pen to paper

Pen to Paper continued from page 9

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I was a kid on the other side of the tracks - told not to venture that far - it was not my territory!! Hoping in my heart he went to my school! Angry and battered as I was, he offered to walk me home, which I did not want! I didn't want this rich kid to see my home with the broken steps and a huge hole in the screen door (for the cat to jump through) but he still walked me home. My mother was standing on the porch, hands on her hips. "Where have you been?" she asked. The young man told my Mom who he was; she didn't give a smile - scolding as she said, "you don't belong on Miller Street." That blew it for me. I knew I would not ever see this handsome kid again.

He was waiting on the corner for school come Monday morning and asked me to sit on the handle bars of his bike. He would take me to school. What a time that was for me!!

That "love" lasted 56 years and two lovely daughters later!! Remember the past - it will keep you young!

Have a great day.

I am.

## Personal Passover Exodus

By Beverly Friend



Each year on Passover, when Jews worldwide celebrate the Biblical Exodus from Egypt, I, too, make an Exodus, like many Snowbirds. While I may not be crossing the Red Sea, I am crossing the entire country, flying home from Florida to Illinois for the Annual Seder. I am obligated to go because I am the host!

My grandchildren have never experienced a Seder in a private home because ever since my husband's death in 1987, I have made this grand dinner in a hotel, inviting up to 50 guests.

I have experimented with many hotels before settling on the Renaissance in Northbrook for the past 10 or so years. We all sit around a large, hollow square and my most religious relative, my daughter, Tracy, leads the service. Sometimes, she even brings her guitar to play religious songs she has written. In addition, she creates and adds an interesting and relevant xeroxed supplement of modern thoughts and prayers. I bask in the results of her high school parochial education at the Ida Crown Jewish Academy (her choice but that is another story).



Another wonderful thing is that my guest list is wide open. If someone wants to bring a friend, fine. If relatives unexpectedly arrive from out-of-town, the more the merrier. Moreover, you don't have to be Jewish, or even American, to be welcomed. Our most famous foreign guest is Professor Xu Xin, of Nanjing University, a personal friend and colleague, as well as the leading Judaic scholar in China. He has been with us several times and at the first occasion, about 25 years ago, the *Chicago Tribune* wrote up the experience.

In addition to the usual prayers, we add a game that we discovered in a modern Family Haggadah where, going around the table each person chants, "when I left Egypt, I took," and then they name something. The first person must name something beginning with the letter "A." The next person names this and then adds something that starts with a "B" and we continue through the alphabet, citing more and more hilarious possibilities. One of my guests, a former Nun, thought this was part of the traditional ceremony and was disappointed the next year when she attended someone else's Seder.

Each year differs from the last. The children have grown older, but I hope that with some of the younger ones this year, especially my 2-year old great granddaughter, Bevyn that we can reinstitute the frog dance where they hop

*Continued on page 13*

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Enjoy this special showing in the Wynmoor Theatre. This movie will have two showings on Monday, May 27th at 2:00 p.m. & 8:00 p.m. Tickets are available at the Theatre Box Office one hour before the movie starts. Tickets are \$2.00 per person.

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# book review

## Jacob The Baker

A Book Review By Susan Myers

If I could choose a favorite from the countless books I have read and cherished, my heart would go to "Jacob the Baker," by Noah benShea published in 1989. The author is well-known as a philosopher who shares his profound thoughts through his character, Jacob. The subtitle of this, book is "Gentle Wisdom for a Complicated World."

In 42 short chapters of a book and in only 113 pages, we learn about the life of Jacob as he works in a bakery throughout his life, spreading wisdom and clarity for others as they attempt to tackle some of our very human problems.

The plot is simple as Jacob thinks about ideas and writes them on scraps of paper as he bakes his bread which is sold to others in the community. Fortunately, one of these papers ends up with a loaf of bread and he is convinced by the owner, Samuel, to place one in every loaf because the customers want to enjoy each and every idea he is able to share.

The first loaf ends up in the hands of a woman who is astounded by the words: "Wisdom does not make me full. It fills me with hunger." He then explains why he believes this to be true and later, in each chapter, he uses his words to assist others based

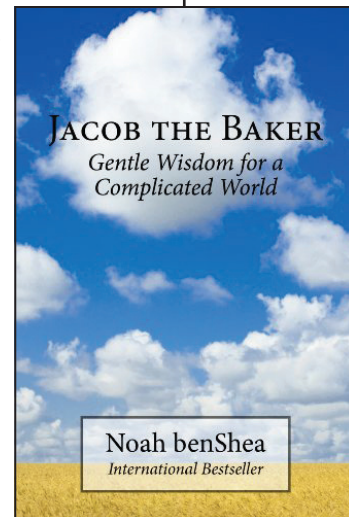
on their concerns. I will explain only two of the many phrases Jacob shares with his customers. It is called "Right and Wrong."

Two men approach Jacob and ask him which one of them is wise. "I know what is right," said the first man. "I know what is wrong," said the other. "Good," said Jacob. "Together you make one wise man."

The second tale deals with the topic of anger, something each of us feel from time to time. His written words are the following: "The first starves the hand." He goes on to explain that when our hand is made into a fist, we cannot receive the gifts of life from ourselves, from our friends or from our loved ones. He goes on to explain

that we cannot hold anything with our fist but our bitterness. Jacob explains, "anger locks a man within his own house."

These are just two of great ideas that Jacob holds so tenderly as he continues to work baking the bread for others to eat and share with other. If you would like to read additional books by Noah benShea, they are available through Amazon or other book sellers. This gentle wisdom helps us deal with our complicated world.



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# pen to paper

Pen to Paper continued from page 10

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around the room imitating the plague of amphibians. For many years, Emily and Ruthie, one of my granddaughters and one of Irv's, Annually shared the task of drawing original pictures of each plague to hold up at the appropriate place in the service. As they are now in their teens, 7-year-old cousin Millie is taking over the task. The pictures are wonderful, sometimes hilarious and worthy of framing. I remember one depicting "livestock disease" of a dead cow on her back, legs stiffly raised in rigor mortis. I save a folder of the best ones.

Irv bears responsibility for providing the small gifts we will reward the children with when they find a special piece of the matzah that we hide each year. This discovery is essential to be able close the meal and end the Seder.

Some years, we have unexpected culinary adventures. There was the year of the soup disaster when Tracy told me in a shocked voice that the hotel chef had added noodles to the matzah balls in the chicken soup. Keep in mind that there is nothing kosher about this meal, not the soup, not the noodles, not the matzah balls. However, the noodles were too much for Tracy to tolerate (or I could more accurately write, too much to "swallow"). I saved the day, by entering the kitchen and asking the chef to strain the noodles out of the soup. The problem was solved.

Then, there was the experience of the amazing brisket. Each year, guests can choose among fish (salmon or whitefish), chicken, and brisket. Chicken usually attracts the most diners. However, one year, when the brisket came out, it looked odd. It was a strange color. It was red. It was corned beef brisket! Now, when I sign the banquet contract, we have added the words, "no noodles in the soup and no corn beef."

Returning to the subject of matzah balls, frankly the ones the hotel serves, generally have the consistency of hockey pucks and I complain ineffectually. Last year, however, I wrote an addendum to the contract, stating that if the chef would separate the egg whites and beat the whites stiff before mixing them back together with the yolks and the matzah meal, he would achieve a fluffy result. HE DID IT! In fact, the whole kitchen staff came out to see the reaction when we bit in, assuring themselves of a much-deserved higher tip. (I claim only two culinary skills, fluffy matzah balls and microwave scrambled eggs.)

Another thing that I have changed concerns the wine, which we bring in ourselves. For years, I was able to avoid a \$14 corkage fee per bottle by bringing in some wine in screw-top bottles. No more. Now, even though we bring in our own bottles, we must pay a fee for all of them and it has risen to \$25/ bottle. We also cannot even escape by bringing in larger bottles as the hotel specifies the size. We pay nothing for our grape juice. So, starting last year, it is now a teetotaler's Seder. I must admit that one couple brings in their own alcoholic beverage and hides it under the table. If they get caught, they will have to cover the fee themselves. I have gotten ferocious on the subject and everyone has been warned.

Another warning is the one cited by T. S. Eliot who stated that April is

the cruelest month, and I feel a sympathetic cord when I tear myself out of Florida. But for me, it is also the best month, going home to be with family and friends and celebrate together. Because of the variations of the lunar calendar, the holiday might land up any time during the month, so my policy is that if it occurs before mid-month, I return to the "Sunny South" for the last few weeks in the April. Otherwise, as is true this year, I stay home, hoping not to freeze while thawing in the warmth of children and grandchildren.

Happy Passover, 2019.

## Our Holiday Mitzvah

By Irv Kapan

On Passover and Rosh Hashanah, the Chicago Area Jewish Family Service prepares 5,000 boxes of food to be delivered to those in need. Donations pay for most of the items which include frozen raw chickens and vegetables, challahs or matzo, gefilte fish, and treats.

A lot of effort goes into assembling the boxes on the Sunday before the holiday. Looking for a room large enough begins a year in advance. After a suitable room, often in a warehouse, is found, crews start at 5:00 AM, filling boxes of different sizes, depending on the number of people in a family.

Hundreds of cars line up to take and deliver the boxes. The loading starts at 9:00 AM and I am always early and arrive about 8:00 AM. Feeling sympathetic towards the loaders working so hard, I try to cheer them up with some Mandelbread. Everyone knows me.

Some cars take only a few holiday boxes; I try to take between 10 and 12 - all going to the same building.

The first time my son Michael and I made food package deliveries for the High Holidays, was to Albany Park apartment buildings, located on the North side of Chicago. These were often walk-ups with very limited on-street parking. Often, we were unable to park in front of the assigned buildings and had to walk a distance to reach them. To make it even more difficult, families with the large number of children usually lived on the third floor where rent was cheaper. This was actually the fourth floor as the first floor was up a flight of steps I would get to the second-floor landing and then yell up to tell them to please send someone down with smaller bags to carry up the food. The packages were too heavy for me to make the trip all the way up to their apartments.

When I returned to the warehouse, I told them that I would be happy to get right to the door of each apartment, but only if it were in an elevator building and if parking were more convenient.

And that is what happened. Now-a-days, I am no longer in Albany Park, but deliver to a suburban, subsidized senior building with many Russian inhabitants. I even get additional help when son, Billy and granddaughter, Ruthie

Continued on page 14



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# pen to paper

Pen to Paper continued from page 13

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join Michael and myself to deliver the goods.

We are even more efficient now because we have a cart that holds all the boxes piled high and travel from floor to floor, starting at the 6th floor and working our way down, one floor at a time.

Granddaughter makes out like a bandit, getting "tips" of Russian chocolate bars and American dollar coins. It's a double mitzvah.

## Sizes

By Jacqueline Horesh

For girls and women, shopping for clothes involves declaring what size they need. That is a very sensitive issue; as they always like to think they need smaller sizes than what they actually are. Girls always like to declare that they belong to a smaller size bracket.

Working in a dress shop, my goal was to sell. It involved delicate maneuvering. Often, I used to downgrade the sizes that came on the dresses and change the numbers into lower numbers so that prospective customers would try them on. Most refuse to admit their true sizes.

Once I had a lady who needed a dress for her daughter's wedding. Looking at her, she definitely needed a twenty-two-and-a-half to twenty-four-and-a-

half.

"What size do you need?" I asked.

"I am a size eighteen."

"But it doesn't hurt to try larger sizes to see how they look."

"No, I am a size eighteen and I brought with me the dress I wore to my son's wedding which is a size 18."

She produced a nice grey dress that was labeled size 18 but the long sleeves started with a wedge right above the wrist and widened gradually into four inches under the arms and into the sides of the dress and finished into a wedge below the hips. In short, the dress had 8 inches added to its dimensions but was still carrying the size 18 label.

Another interesting story about a customer who was trying dresses on with her husband sitting on the bench near the three-way mirror to help her decide on what looked best. She was very heavy, at least a twenty-two-and-a-half. I was wondering how could people let themselves go into those astronomical sizes without cutting into their eating habits or dieting? She wanted him to tell her what he thought, but his mind was wondering elsewhere.

"She needs your opinion." I said.

"What for?" He asked, "She looks gorgeous no matter what she wears!"

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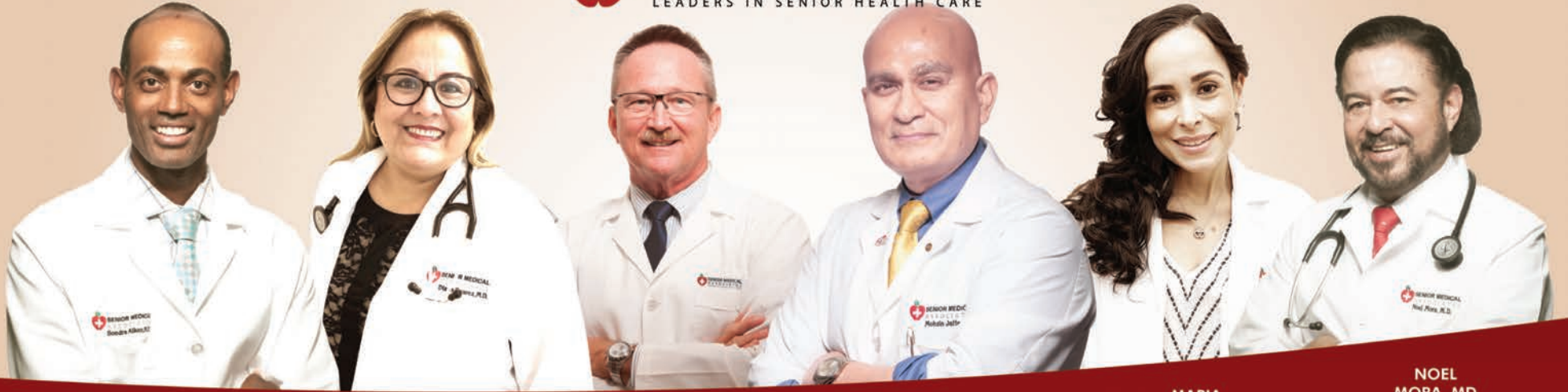
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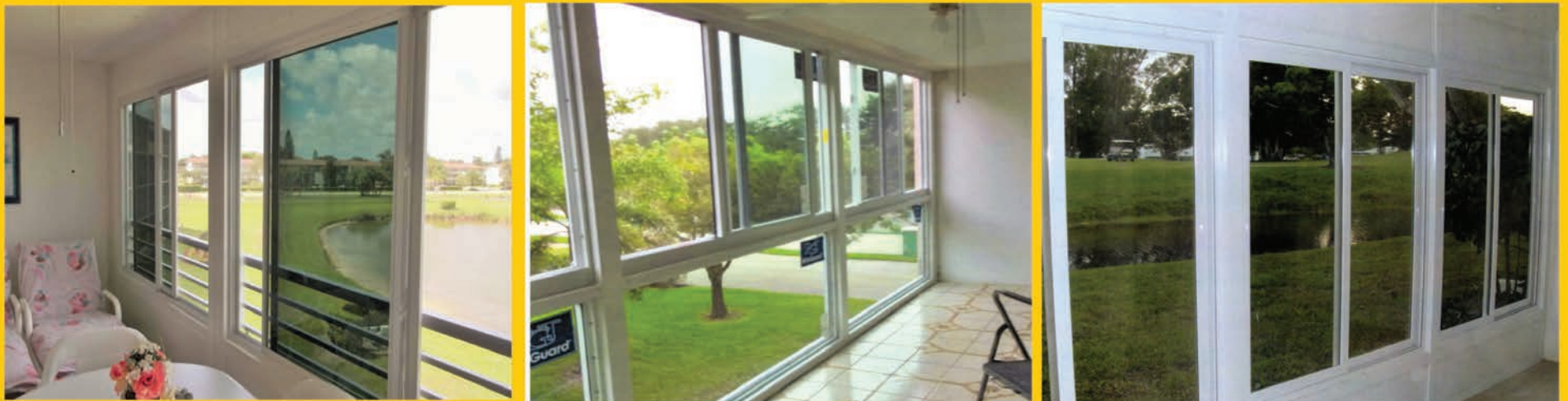
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**Tax-deferred:** Tax-deferred accounts include the traditional IRA and a 401(k) or similar employer-sponsored retirement plan. When you invest in tax-deferred vehicles, your money can grow faster than if it were placed in an account on which you paid taxes every year. You also may get a tax deduction for contributions you make today. When you start taking withdrawals from these tax-deferred accounts, typically during retirement, the money is usually taxed at your ordinary income tax rate.

**Taxable:** Taxable investments are those held in a standard brokerage account, outside your IRA or 401(k). While you can put virtually all types of investments into a taxable account, you may want to focus on those considered to be most tax-efficient. So, you could include individual stocks that you plan to hold, rather than actively trade, because you will not get taxed on the capital gains until you sell. You also might consider mutual funds that do little trading and generate fewer capital gain distributions. This is important not only in terms of controlling taxes, but also because the taxes on these distributions can reduce your investments' real rate of return.

**Tax-free:** When you invest in a Roth IRA/Roth 401(k), you don't get an immediate tax deduction, but your earnings, as well as your withdrawals, are tax-free, provided you do not start taking withdrawals until you're 59½ and you have had your account at least five years. (However, income restrictions do apply to Roth IRAs.)

So, given the difference in how taxes are treated in these accounts, how can you choose where to put your money? For example, when would you contribute to a Roth IRA or Roth 401(k), rather than a traditional, tax-deferred IRA or 401(k)? If you are in a high tax rate now and expect it to be lower in retirement, a traditional IRA may make more sense, as you potentially get a sizable benefit from the tax deduction. But if you are in a lower tax rate now, you have most of your retirement investments in tax-deferred accounts, and/or you can afford to forego the immediate tax deduction, you might find that the Roth IRA/Roth 401(k), with its tax-free withdrawals and earnings, ultimately will make more sense for you. But since no one can predict where tax rates will go in the future, having money in different types of accounts, i.e., tax diversification can be beneficial.

If you only focus on traditional, tax-deferred accounts, you could end up with larger tax bills than you anticipated when you retire and start tapping into these accounts, particularly when you must start taking withdrawals called "required minimum distributions" when you reach 70½. By having money in accounts with different tax treatments, you may have more flexibility in structuring your withdrawals during retirement, based on your year-to-year tax situation. There's no formula for achieving an ideal tax diversification. You'll want to consider your own needs and circumstances in choosing the right mix of taxable, tax-deferred and tax-free accounts. Ultimately, taxes should not drive all your investment decisions but they should not be ignored, either.

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# SUPPER CLUB

By Lynne List

The Season is over and two dinner theatre productions have been shown in Wynmoor. Both shows were a huge success. Watch for information on next year's shows. We will announce the 2020 shows in a month or so and they will be two Broadway hits. If you are on the email list, you will be receiving a flyer and order form in September. If you don't get it, contact me at LLIST@juno.com

If you're not on the list, send me your email, write Supper Club in the subject line and you'll be added to the list for advanced purchases. Remember, only once a year do you get a full Broadway show by a professional cast, along with a scrumptious dinner right here in Wynmoor. Have a wonderful Summer and watch for the announcements for next year.

## Mailbag



In the Mailbag

### Letter to the Editor:

I am a Canadian Snowbird and a Winter resident at Wynmoor. I will be going home (to Toronto) at the end of this month and will be returning next December. Before I leave, I do want to thank your organization for producing the Insider Newspaper and making it available to the Wynmoor residents. It is an excellent and very professionally put-together newspaper and I really like reading it. I am 81 years of age and do enjoy myself immensely by writing "poetry," and sending you some of my "poetry" and then having it actually published. Thank you so much for that too.

Larry Band

Sometimes referred to as Poet Larry-Eh

### Letter to the Editor:

I would like to thank the Insider Newspaper and their staff for giving the residents of Wynmoor a monthly publication filled with so much information. Please accept my words of appreciation for a job well done.

Anne Elkin

## OOPS

### Bens Friends Art Club

In the March issue of the Insider, Ben's Friends Art Club was incorrectly printed. It states, "On March 2nd, we will have our Annual Club Luncheon and will be giving our members free membership this year as a thank you for their commitment." Ben's Friends Art Club does not give free membership. The fee is \$10 per year. The luncheon that was held was a free event of current members as a thank you for their commitment.

We apologize for any inconvenience this has caused.

## News From Temple Beth-Am

By Toby Gordon

On Wednesday, May 1st, we will commemorate Yom Hashoah with a special Kaddish and candle lighting ceremony conducted by Rabbi Kieffer. We will also hear from Albert Brunn, Moshe Dan and Larry Gochman. They all survived the Holocaust and lived to tell about it. At the conclusion of the program, Rabbi Rosenblum, former spiritual leader of Congregation Beth Sholom in Coconut Creek, will lead everyone in the singing of the partisan song. This will be a moving and poignant one for everyone.

Our daily Minyan services are held Monday - Friday mornings at 7:20 AM and Mondays - Thursdays at 6:00 PM. Also, Sunday mornings at 8:30AM and 5:00 PM. Our Friday evening services are at 6:10 PM and our Saturday morning services are at 9:00 AM. Saturday services are followed by a small dairy lunch and a discussion led by lay congregants. Feel free to join us even if you are not a Temple member. Our doors are always open.

UPCOMING EVENTS: The Temple is sponsoring a Community Dinner after services on May 10th. Why not call the office and make a reservation? There will also be a Community Passover Seder conducted by Rabbi Kieffer on the first night of Passover, April 19th. These events are always popular and a lot of fun. If you were planning on spending the first night of Passover with family, why not join us? You can form your own tables or we will do it for you.

If you have any questions, our Temple office personnel are always available to help you. Please call 954-968-4545 or, if you wish, visit our web-site at www.beth-am.org for a complete list of our activities.

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# KITCHENS, BATHS & FLOORS

## A One-Stop Shop For Your Projects And Home Improvements

By Insider Staff

Long before Mark Reynolds of Imperial Group opened his shop in Coconut Creek, he imagined a life centered on his early passion: creating unique pieces for the home. Carpentry was his trade of choice as a student in Jamaica.

Using his entrepreneurial determination, he launched Reynolds' Concepts in 2004, which he rebranded as Imperial Group a year later to

better showcase the extent of services the company provides such as commercial buildouts, kitchen design and bathroom remodeling.

Reynolds, a general contractor, decided a full-service corporation would be the best way to cater to customers, providing them with a one-stop shop where both products and services would be offered. These ideas led to the establishment of Imperial Group's Kitchens, Baths & Floors.

"Other contractors would call me daily and ask, 'where do you get this?' Contractors were not able to find quality material to do what they need to do in one place," Reynolds says. "I wanted to bring everything to one place where contractors could have access to what they may need, show the clients, and their clients would be able to see the quality of their materials."

The showroom has received support from residents in Coconut Creek, partly

because of the easy-flowing design of the showroom but also because of its friendly atmosphere. Customers can browse without feeling pressure to make a purchase. Reynolds says the showroom also is a place where visitors feel so comfortable, they often come to hang out. That's a bonus for Reynolds, who appreciates building a feeling of community.

The city of Coconut Creek is serendipitous. While Reynolds was deciding to open a showroom, he considered many cities. During this time, he visited Lyons Plaza for a contractor job. He knew right away it would be the ideal location for the showroom. Coincidentally, his meeting was with the real estate agent in charge. From there, it was history. Reynolds describes the process of his location choice as "divinely led and inspired."

Reynolds now plans to dream up the next phase. First, he wants to negotiate with vendors and oversee his own imports to keep prices low but quality high. He also hopes to duplicate the business in other cities.

"I want to encourage people to come and see the showroom," Reynolds says. "If they have any questions about permits or anything else, they can call the office and I'll personally be happy to assist."



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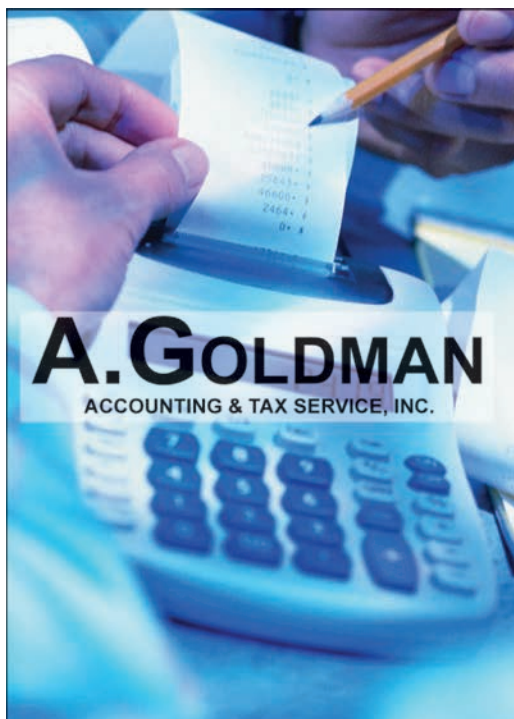


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# Avoiding Probate On Your Home

By Martin Zevin, Attorney

There are several ways to avoid probate on your home when you die. If you are single, there will be probate when you die unless you choose one of the following options. If you are married and own your home together, your surviving spouse will not have probate. However, there will be probate when the second of you passes away, unless one of these options is done.

Let us assume that you own your home jointly with your spouse and that you have two children. Both of you desire to have your two children inherit your home equally when you both pass away.

The first option would be to add the names of your two children to the Deed as joint tenants with right of survivorship. This is not a good idea. It would affect your ability to claim your full Homestead Exemption. In addition, you lose control of your property and can only sell it if your children both agree and sign all closing documents. If you wanted to take one of the children off the Deed, you would be unable to do so. If one of your children files for bankruptcy, has an adverse judgment or files for divorce, your property could be subject to liens or other legal action. Therefore, I recommend against a Deed with your children as joint tenants with right of survivorship.

The second option is a Life Estate Deed. There are two types of Life Estate Deeds: regular and Enhanced (also referred to as Lady Bird). The regular Life Estate Deed requires that your children join in any sale or other changes on the Deed, therefore, you have lost control and cannot take your child's name off the Deed if you choose to do so. The Enhanced Life Estate Deed gives you the sole right to sell the property during your lifetime or make any other changes to the Deed without the permission of your child. The Enhanced Life Estate Deed has very specific legal language in order to be effective;



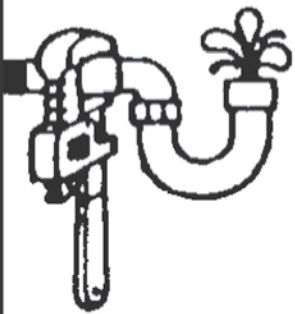
therefore, do not attempt to do this on your own.

Even with the Enhanced Life Estate Deed, there are risks, particularly if your child has a bankruptcy, outstanding judgment or undergoes divorce. The worst risk, however, is if, God forbid, your child dies before you or with you in a common accident. Your child's estate would then become the owner of the property once you died, which would result in probate being required. Thus, the main purpose of the Life Estate Deed is not accomplished.

The best way to avoid probate on your home is to do a Revocable Living Trust. When you sign the Revocable Living Trust Agreement, you also sign a Deed transferring the property to you as Trustees of your Trust. You are able to keep your Homestead Exemption,

maintain complete control of the property during your lifetime and make amendments to your Trust without changing the Deed. There are no risks involved, since your children's names do not appear on the Deed. The only disadvantage of the Revocable Living Trust is that it will cost more money in attorney's fees. When you discuss the options with your attorney, you should discuss the difference in fees between the Revocable Living Trust and the Enhanced Life Estate Deed. You can then determine whether it is worth saving the money and taking the risks involved in the Enhanced Life Estate Deed.

Please feel free to call me for a free personal or phone consultation regarding any issues pertaining to Wills, Trusts, Deeds, Probate, Power of Attorney or Health Care Surrogate. I am also available for a free consultation regarding personal injury claims or to explain car insurance coverage. Call me at 954-569-4878. You can visit my website at [www.martinzevinpa.com](http://www.martinzevinpa.com) and my e-mail address is [martinzevin@netzero.com](mailto:martinzevin@netzero.com) See ad on page 19.



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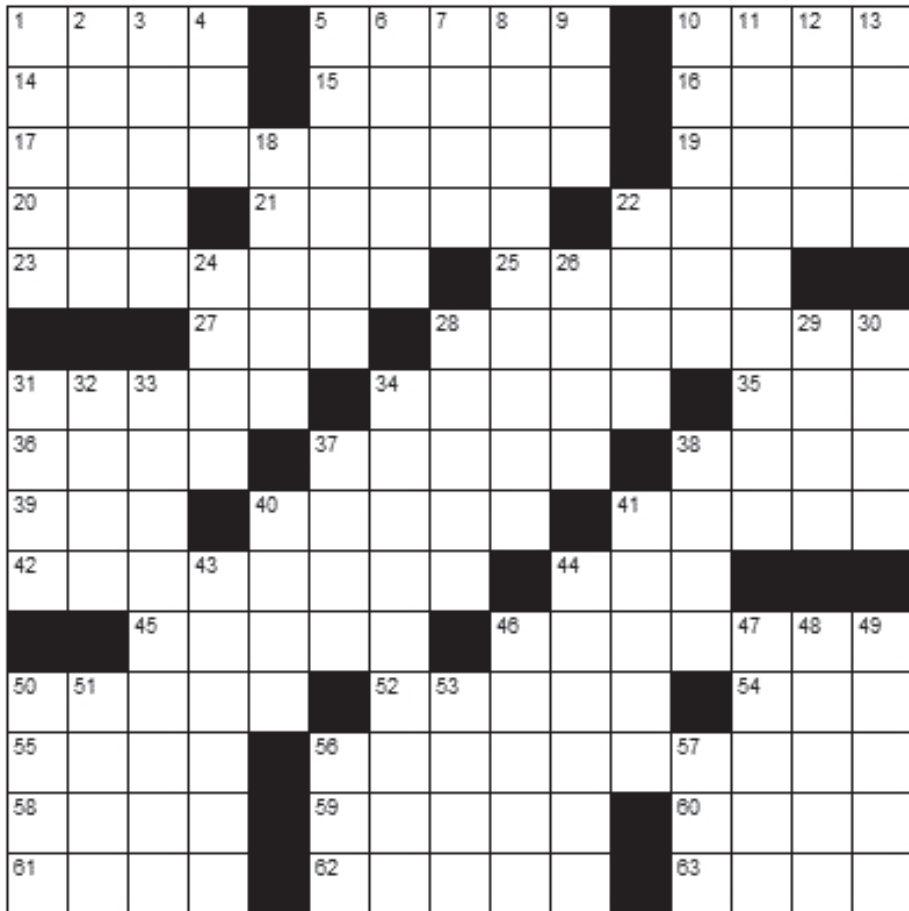


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# Puzzles and Games

Solutions on page 62

## Crossword Puzzle



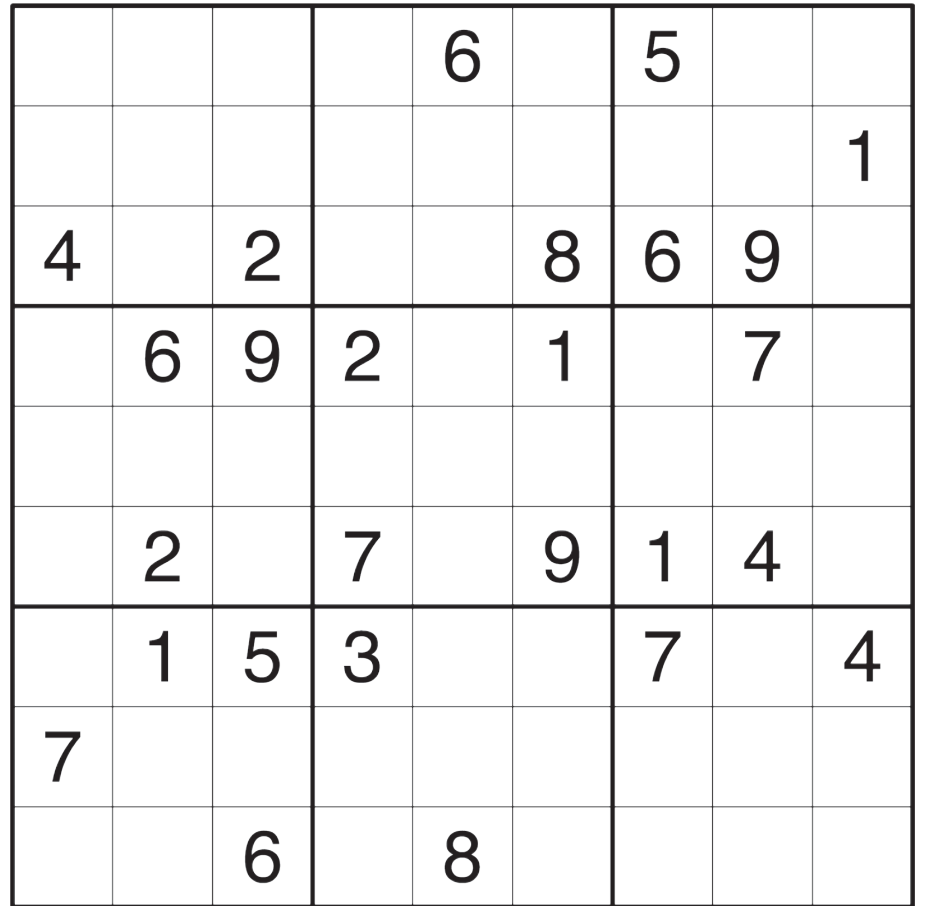
**ACROSS**

- 1. Walking stick
- 5. A drama set to music
- 10. Greek cheese
- 14. Death notice
- 15. Challenges
- 16. Yeses
- 17. Advantageous
- 19. Harvest
- 20. British rule in India
- 21. Loamy deposit
- 22. Central points
- 23. Neophyte
- 25. Good person
- 27. Aye
- 28. Dolts
- 31. Trades
- 34. Employed
- 35. Suffer
- 36. Stow, as cargo
- 37. Small freshwater fishes
- 38. Bog
- 39. Actress Lupino
- 40. Typewrote
- 41. Entertained with dinner
- 42. In a overly modest way
- 44. Cap
- 45. Positive pole

**DOWN**

- 46. Carry a canoe overland
- 50. In a weak manner
- 52. Strict
- 54. Tall hill
- 55. Initial wager
- 56. Appraisal
- 58. Volumes (abbrev.)
- 59. A person who is owned by someone
- 60. Balm ingredient
- 61. Cheers
- 62. Anagram of "Preys"
- 1. Deadly snake
- 2. Perpendicular to the keel
- 3. Martial arts expert
- 4. French for "Summer"
- 5. Loathsome
- 6. Harness racer
- 7. Twin sister of Ares
- 8. Freed from anxiety
- 9. American Sign Language
- 10. Fine wheat meal
- 11. Asthenopia
- 12. Nipple
- 13. Vipers
- 18. Runs away
- 22. Decorate with gold leaf
- 24. Sort
- 26. Beers
- 28. Chancy
- 29. Calamitous
- 30. Sleigh
- 31. Skidded
- 32. Walk in water
- 33. Unshakably
- 34. Piteously
- 37. Not the original color
- 38. Glove
- 40. "Iliad" city
- 41. Alerts
- 43. If not
- 44. Equine animals
- 46. Annoy
- 47. Poplar tree
- 48. Columbus's birthplace
- 49. Go in
- 50. Not straight
- 51. Dwarf buffalo
- 53. Russian emperor
- 56. Venomous snake
- 57. Chart

## Sudoku



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Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

## Newspaper

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.

D N A T S S W E N F I R I S S N O I H S A F  
 N A R T X E M O V I E S W N O T R P E C U B  
 O L I S N H E E P L S E D I S T E I V U N S  
 I T S E A E V D E I I T T E N E T T E L E N  
 T E E N D S M T I V N A R I X C R T N T Y M  
 P F O L V U T N E T L I C A R H O T T U T U  
 I E H E E E O R I U O L O E O N P L S R L L  
 R L F D R V E B C A A R L N S O E T A E C O  
 C Y A S T O I R I S T P I N T L R I N C U C  
 S T M B I R I S S T O R S A O O U S O C O E  
 B S I O S C E I I E U E E L L G P L Y R M L  
 U E L O E N F H P O N A C T P Y U H U O B L  
 S F Y K M I O O S I N O R G N M Z T H S I K  
 S I H S E L L I L I M G N I N E Z L E S E C  
 D L N D N I E D T I L I U I E E L A C W W A  
 S P A A T P A V C C K B S I E S E E N O R R  
 I D N I S E T S A O E T U H D E S H A R U S  
 S A C I H S T H O R S S E P H E A R N D T F  
 O S T R O P S C I N T E R V I E W S I R D C  
 W E A T H E R S S E N I S U B O U R F A N T  
 L A N O I T A N R E T N I C O M P U T E R S

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| CIRCULATION    | EXTRA         | LOCAL         | SECTIONS     |
| CLASSIFIEDADS  | FAMILY        | MOVIES        | SPORTS       |
| COLUMNISTS     | FASHION       | NEWSSTAND     | SUBSCRIPTION |
| COLUMNS        | FINANCE       | OBITUARIES    | TECHNOLOGY   |
| COMICS         | HEADLINES     | OPINION       | TELEVISION   |
| COMPUTERS      | HEALTH        | PEOPLE        | GUIDE        |
| COOKING        | HOME          | POLITICS      | TRAVEL       |
| CROSSWORD      | INSERTS       | PUBLISHER     | WEATHER      |

## a WORD or Two

**Word:** parabolic

**Definition:** expressed by or being a parable : allegorical

**Example:** The batter launched the ball into a towering *parabolic* arc that carried it well over the center field fence.

**Word:** condone

**Definition:** to regard or treat (something bad or blameworthy) as acceptable, forgivable, or harmless

**Example:** The school handbook explicitly states that bullying will not be *condoned*.

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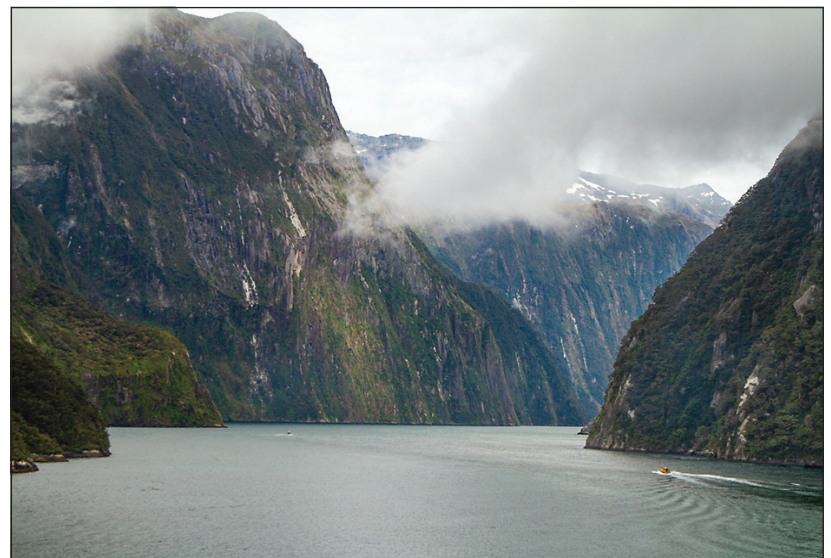
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Submitted by Lee Levine

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## From The Other Side Of The Couch

By Merri Goldberg

A number of months ago, the Health and Wellness Club focused on “brain health” with Hope Myers presiding. The large audience and the many questions attested to the avid interest in the topic. All of us are aware of the enormous emphasis, particularly as we get older, on physical fitness and maintaining healthy bodies, but we often forget,

sometimes until a crisis occurs, that our brains are also changing and aging. So today, we will turn our attention to brain health.

What is normal? What can we do on a daily bases to promote a healthier brain and what can we do to slow the aging brain process?

When rereading the above to send in to the paper, I became aware that something important was missing: my own very personal feelings about the topic. Last year, I had multiple serious unexpected strokes. Despite my complete recovery, I remember clearly the terror of not being able to communicate, think clearly, speak or write. Despite a physical fitness routine, I too, had not thought much about brain health. From the other side of the couch, when I was in practice, did I fully understand my older patients’ anxiety and terror when they had experienced the same thing? Trying to understand what was happening, what did I need to do now? Would Dementia or Alzheimer’s be a part of the future? And yet, what I found, is that the brain was far more resilient than I had thought. We turn our curiosity to “brain fitness.”

Most of us have had brief memory lapses: “Where are the car keys? Who moved the TV remote? What was that person’s name?” Or perhaps having a memory lapse in the middle of a sentence or walking into a room and forgetting why we went there or what we went for.

It’s not unusual to become worried about whether this is a serious sign, particularly as we get older and worry about cognitive decline or early Dementia or Alzheimer’s. What is important to note is that in most cases, this is probably not serious. These slight memory slips are normal but fear of what it means, particularly as we age, can frighten us or cause anxiety and depression, which may make finding the object or answer even harder. A look at what is normal as we get older may help.

Let’s take a very brief look at the brain. Interesting facts for me: the brain weighs about 3 pounds, has 100 billion neurons and trillions of synapses. As we age, two of the cognitive functions most affected are attention and memory. “Medical News Today” reports that as we age, the chemical messenger’s dopamine, acetylcholine, serotonin and norepinephrine lessen. These messengers play a significant role in cognitive function, particularly higher cognitive functioning, like taking in new material, particularly material presented in a very complex or rapid way. Encoding new memories, that is remembering the new material as well as we used to, may also be more difficult. In addition, brain shrinkage may be associated with increased risk of depression. The process is normal and by about age 60, to widely varying degrees, happens to everyone.

Here are a few of the normal brain changes and some “home remedies” I have found useful:

- More difficulty learning something completely new. For me, it has been the nightmare of learning computers and iPhones and committing this new knowledge to long-term memory. Remembering what I just learned. I think my grandchildren, 7 and 9 years old, are great at the computer. Why can’t I “get it?” It’s so frustrating.

Some home remedies: It may be helpful to go over the material many

times. (*Is it command c or v to copy something*). Don’t give up. Each time the material is repeated, it becomes quicker to learn. Another example may be cards or Mah Jongg. Learning to play in the early years, even if you have not played in a long time, will become easier. Why? The material is stored in long term memory. Learning to play for the first time in the 70’s and later may be so confusing. There is no long-term memory of the subject stored in the brain to draw on. Stay with it. With repeated exposure encoding, committing to long term memory increases. A helpful, encouraging, group of friends to play with lessens the anxiety which blocks learning and allows for easier first-time learning.

- Multitasking becomes harder, and it may be difficult processing and planning parallel tasks. Our lives are very busy in Wynmoor. We may be focusing on one thing when another immediate need comes to mind. Or the phone may ring or the doorbell may clang. When we were younger, multitasking was not as hard. You could do three things at once. But for now, stay with one thing for maximum efficiency.

- Recalling names and numbers (does this sound familiar?) is more difficult. Don’t be embarrassed to ask for names again (and again). We are constantly meeting so many new people here. Maybe try “Hi, I’m Merri and I can’t remember your name.” The other person may also have forgotten yours and be grateful you’ve asked.

- Remembering existing and new appointments. Keep an appointment book. Write things down. Put the book in the same place all the time so it doesn’t get lost. Don’t write on pieces of paper near the phone. I always lose them.

- Short-term memory lapses. What you have forgotten will usually come back later. Have you ever woken in the middle of the night saying, “that was what I was trying to remember!”

- Attention span is lessened.

- Reaction time and processing time may be slower. One of the areas where this may be a problem is in driving a car. When we are driving, we are constantly processing many things at once: the other cars, pedestrians, routes, signals, road conditions, etc., etc. We may not be processing and reacting as well as we once did no matter how good a driver we are.

All of these things are normal and usually not a sign of serious disease progression.

What is hopeful is that the brain is resilient, capable of producing new cells at any age. Some areas like vocabulary actually increase with age. Crystallized memory, intelligence which has to do with experience, wisdom, skills, ability and knowledge learned over time can help greatly help aide performance, and in fact, some studies have shown that crystalized memory has helped older adults perform far better than younger colleagues in some areas. Increased interest in brain function and new research is providing new insights and answers every day.

Next month, I’ll focus on a more complete brain fitness program. Although we can’t stop the brain from aging, we can slow the process, strengthen our current working brain, and sometimes even reverse damage.

If you have any thoughts on my column or ideas you’d like to share about your experiences or “home remedies,” send them to me via e-mail at: merri-goldberg@aol.com

Also, in May, we turn our curiosity to some of the interesting people in Wynmoor. There are so many amazing people in our community. The focus will be on our Veterans for Memorial Day. If you have a Veteran you would like to honor, please send me their name and info and I will try to include them too.

See you next month!

## Yom Hashoah Event At Temple Beth Am

By Muriel L. Segal

This year’s event to commemorate Yom Hashoah, 74 years after the conclusion of World War II and the Holocaust, will take place on Wednesday May 1, 2019 at 7:00 PM at Temple Beth Am in Margate. The theme of this year’s event will be “A Day In The Life” at which three survivors will speak and a candle lighting ceremony will be held along with a special Kaddish led by Rabbi Samuel Kieffer, Senior Rabbi of Temple Beth Am.

The speakers will include: Albert J. Brunn, a survivor from Germany on the Kindertransport, Moshe Dan, a survivor of Aushwitz and Larry Gochman, a survivor who fled and became a partisan during the war. At the conclusion of the program, Arthur Adler will lead those assembled in the singing of the partisan song. The evening promises to be a moving and poignant one for all in attendance.

There is no charge for admission but sponsorships for this event are available. Temple Beth Am is located at 7205 Royal Palm Blvd in Margate. The entire community is welcome to attend. For further information about this event and other upcoming programs, please call Alanna in the Synagogue office at 954-968-4545.



# The Norton Museum of Art Has Reopened And Expanded

By Barry Isaac



On a pleasant Monday in February, I returned to the Norton Museum of Art in West Palm Beach and I was elated. My day began auspiciously when I saw Claes Oldenburg's huge creation, "The Eraser," by the Norton's new entrance, featuring impressive reflections in the water. At the Norton Museum of Art, I studied fine paintings from the Renaissance and Baroque Periods by European painters, as well as splendid 18th Century paintings by European Masters. Its collection of Old Master paintings on display is not extensive. However, there were excellent paintings from the Late Gothic and Renaissance Periods on display by Jacopo Da Firenze, "Madonna and Christ Child With Saints," Late Gothic Italian, Lorenzo Lotto, "Saint Onuphrias," Italian Renaissance, Goswin vander Weyden, "Triptych." Netherlandish Renaissance, and Lucas Cranach the Elder, "Betrayal of Christ," German Renaissance. Their collection of Mannerist and Baroque was substantially more comprehensive including fine paintings by Gaetano Gandolfi, "Jacob Stealing Esau's Blessing," Judaic theme, Valerio Castello, "Diana and Acteon, Pan and Syrinx," the epitome of quality Mannerism, Peter Paul Rubens, "Study For Head of John the Evangelist," David Teniers the Younger and Workshop, "Gallery Painting," very punctilious Flemish painting, Dirck Vam Delen, "Church

Interior With Woman Taken For Adultery," splendid light effects and lines, Caspar Van Den Hoecke, "Banquet of Judith and Holofernes," Judaic theme, and Jacob Biltius, "Stillife With Hen, Kingfisher, and Insect," Minor Dutch Master, among others. I also relished fine 18th paintings by these European



Gaetano Gandolfi "Jacob Stealing Esau's Blessing"

painters; Giovanni Pannini, "Architectural Fantasy of Rome," Thomas Gainsborough, "Landscape With Cattle," Francois Boucher, "Allegory of Marriage," and Joshua Reynolds, among others.

The Norton Museum of Art's collection of 19th and 20th European paintings is worthy of approbation. That day, I saw wonderful paintings by Eugene Fromentin, "Rest," awesome Orientalism, Camille Pissarro, "Presbytery Garden, Knokke," fine French Impressionism, Claude Monet, "Bordighera," awesome Impressionism, Paul Gauguin, "Agony in the Garden of Olives," Expressionist painting, Henri Matisse, "2 Rays," Post Impressionism, and Pablo Picasso, "Guitar," Abstract, among others.

At the Norton Museum of Art, I saw fine 20th Century American paintings worthy of attention. Painters with delightful paintings included; Childe Hassam, "Grey Day," quality American Impressionism, Ernest Lawson, "Hoboken Waterfront," Rockwell Kent, "Neither Snow, Nor Ice," Greenland theme, Robert Henri, "Orientale," and Edward Hopper, "August in City," among others.

At the aesthetically appealing Norton Museum of Art, seniors 65 and over receive discounts on their admission price. There is free parking across the street from this quality art museum.

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If you had Homestead Exemption on another property, you must apply for this exemption on your new home. Homestead Exemption does not automatically transfer. When applying for Homestead, please make sure to complete a "Portability Application." This will allow you to transfer some of the savings you may have from the previously Homesteaded property to your new one.

**Senior Exemption:** In order to qualify for the "Low-Income Senior Exemption" for 2019, an applicant must be 65 or older as of January 1, 2019, receive the Homestead Exemption on the property, AND have a combined household adjusted gross income for 2018 not exceeding \$30,174. To apply for this additional exemption, an applicant must complete a "Sworn Statement Of Adjusted Gross Income Of Household" form and provide a copy of the 2018 Income Tax Return Form 1040 for all persons residing in the home.

For additional information and to download the necessary forms, please visit our website at [www.bcpa.net/senior\\_instructions.asp](http://www.bcpa.net/senior_instructions.asp)

Our staff is also readily available to assist you at various community events around the county. To see where our outreach representatives will be, simply visit our Community Outreach Calendar online at [www.bcpa.net/Events.asp](http://www.bcpa.net/Events.asp)

Look for one of our BCPA tents at these great events and staff will be happy to help you complete your exemption application or answer any questions you may have.



### The Bronx Tale

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# Dear Dr. Joy...

By Joy Berke Sanchez, PhD



## Thoughts And Beliefs

Thoughts are things. Thoughts are energy. Thoughts are vibration. Thoughts have momentum. Thoughts attract vibrations and energy that are like themselves. Did you ever feel like a thought was stuck in your head?

Sometimes it even feels like your thoughts are occurring without your participation at all. This is actually what is happening. When you think a thought, the energy goes out into the universe and other thoughts that are of like vibration, will be magnetically attracted to it and the momentum begins.

Your thoughts also create your feelings. The first exercise in my book, "The Pursuit of Happiness" is to think a very negative thought and see what feelings are produced in your body and then, let it go and think the most positive thought you can and check out your body once again. For a lot of people, unfortunately, the negative feelings seem easier to produce and therefore the negative feelings. This takes practice and commitment to keep reaching for the positive feeling. Sometimes if things are not going well at the time, you have to reach back to a memory. This works just as well.

Beliefs are just thoughts that we keep thinking over and over. The way this

works is that when we think and other thoughts join the ones we are thinking and momentum occurs, the events that you draw to you exist first as energy/vibration before they become a physical manifestation. So, when they become physical and you see them as your reality, your belief gets stronger. So, you think it even more and the belief gets even stronger and all the events that are drawn to you further strengthen your belief and you get to be right all the time. Henry Ford said, "if you think you can or you think you can't, you're right." How true. This is a perfect example of thoughts becoming a belief and then a physical "reality."

Quantum physics tells us that the universe is all energy/vibration probabilities. You draw to you whatever matches your thinking and your beliefs. This is true everywhere in our lives but seems to show up in a few different areas like health, money and relationships most obviously. We all have beliefs about ourselves with regards to these and other issues. Since we don't realize that what we have is a result of our thinking, we keep thinking the same thoughts and hold the same beliefs and keep recreating the same end results. And then we keep being right about what we believe and on and on and on.

If you can put all judgment aside on this subject and begin to change your thoughts about what you are presently thinking, negatively about or things that are not working out in your life, start making up new thoughts. You can write them down, do verbal affirmations, start talking about what is pleasing to you and what you appreciate in your life. Just see what happens after a month of this.

There's an old book called, "The Power of Positive Thinking," but there is power in negative thinking as well. There is power in all thought and you can choose which power and therefore, which outcome you want.

If you have any questions, please send them to me at JoyB212@aol.com

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Articles that are submitted to the **INSIDER Newspaper**, must be clearly written, or preferably typed in upper and lower case and have a contact number for questions (not for publication).

**IT IS IMPORTANT** that the information submitted is **TIMELY.**

Please watch dates!

Your photos are welcomed as well!

Our deadline is the 10th of the month preceding an issue.

**Ex. Apr. 10th for May issue.**

If the 10th falls out on a weekend, we will check the box on the following Monday.

All articles collected after that will go in the following issue.

**Thank you, Insider Staff**



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# City Matters

By Commissioner, Mikkie Belvedere

Don't be fooled on April Fool's Day or any other day by telephone scammers. Remember that banks or the IRS do not make phone calls or threats by phone. Many scammers are out there to get your money. Do not give out any information over the telephone. It's better to just hang up.

Happy birthday and happy anniversaries to all celebrating this month. The April birthstone is a diamond. Holidays this month include: Palm Sunday, Passover, Good Friday, and Easter Sunday. It's a good time to enjoy family and friends, synagogue and church. Don't forget taxes are due by April 15th.

The city is continuing the culture series lecture on April 4th at 6:30 PM at the Commission Chamber. Hope you can join us. On April 5th, from 7:00 PM - 8:30 PM, a concert featuring "Goodnicks" will take place at the Community Center. On April 6th, a dog expo will take place in Windmill Park (700 Lyons Rd). On April 7th, the last Farmers' Market for the Season will be a "Doggie Day" at the Recreation Center, located on Lyons and Johnson Road.

We have an American Legion chapter in Wynmoor and is always looking for Veterans to join the chapter. If interested, please call Ralph Trapper at 954-972-4329 for additional information.

Many programs and upgrading are coming soon. The lake on the corner of Coconut Creek Parkway and Lyons Road will be getting a facelift with new plantings and irrigation. Although this is School Board property, the



city has contracted to make the changes and maintenance in order to keep our city well maintained to the satisfaction of our residents. Also, Lyons Road will get a new look. This will be done in phases and should start this year. Many new businesses are coming to Coconut Creek. The Promenade added "Sephora" and a wonderful healthy drink and ice cream place called "Nectar." Try it, it's really good.

Closer to Wynmoor, a few new businesses have opened; a wonderful wine and dining place in Lyons Plaza called "Swirl" and if you need a good Chiropractor or a massage, check out "Fusion Chiropractic," also in Lyons Plaza. Just across the road, in the Publix Plaza, is a new laundromat. Although Coconut Creek Parkway is a county road, the city will be putting up sidewalk lights from the Wynmoor entrance to the college. We are waiting for the county to sign the agreement. The city is working hard at "lookin' good."

I can be reached at [mbelvedere@coconutcreek.net](mailto:mbelvedere@coconutcreek.net)

Write to me: what do you think of the Coconut Creek Trolley? The Coco-Motion app? The bike lanes? The trees? Or any other subject that is on your mind, needs improvement or is great. Do you get the Cocogram? Do you get the Coconut Creek Life? Any suggestions? I hope to hear from many of you to continue to make Coconut Creek a great and safe city.

Have a great day and keep smiling.

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# WYNMOOR Golf *and* Tips

By Kevin Battersby, PGA

## 2019 Major Mix-Up



The PGA tour major championships will see a change in the normal lineup of events in 2019. The PGA championship which is usually the last Major of the year, and normally in the oppressive heat of August or severe thunderstorms, has been rescheduled to May this year. The venue this year could see some temperate

weather on the famed black course of Bethpage on Long Island. In addition to the previous extreme weather of August, was the lack of interest in the tournament if there wasn't a viable run for a player to win all four majors known as the grand slam.

**2019 Major Schedule:**

The Masters: Augusta National, Georgia, April 11th - 14th

PGA Championship Bethpage: Black

May 16th - 19th, New York

US Open Championship: Pebble Beach, CA, June 13th - 16th

The Open Championship: Royal Portrush, CO Antrim, Northern Ireland, July 19th - 22nd

The Masters is the only major venue that doesn't change Annually. The Open Championship is steeped in history by playing courses in Ireland, Scotland and England. The famed Pebble Beach course hosting the US Open on the Monterey Peninsula, can have unpredictable weather also most anytime of the year. Odds are we could be seeing the professionals in their best sweaters and vests in all four Majors this year.

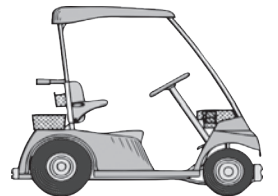
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# Movie Review: The Favourite

## Cinderella Revisited

By Beverly Friend, (member of The American Theater Critics Association)

Sunday night, here at Wynmoor, I went to see "The Favourite" and was bowled over, one of the best films I had ever seen.

Imagine my shock when I found out I was in a definite minority. People left the theater complaining bitterly and were very surprised when I disagreed, asking what I had found praiseworthy.

I went to bed and got up at 4:00 AM, driven to formulate the answer. So, here is my rave review. I returned to the theater tonight to see the movie again and to reaffirm the assessment.

I hope this article is provocative and as much a topic for discussion as the movie was.

Love it? Hate it? The Wynmoor audience's reaction to "The Favourite" was visceral! Assessments of "Magnificent," vied with voices crying out "Dreadful."

Young, beautiful, blonde Abigail Hill, who has suffered a miserable childhood and while formerly an aristocrat, has now fallen on hard times, arrives, muddy and disheveled at the lush, opulent (but highly dysfunctional) Court of Queen Anne, to seek help.

Think of *Cinderella*. She has chosen to come here because her cousin, raven-haired, Sarah Churchill, the Duchess of Marlborough, is a favorite lady in waiting of the Queen. However, Sarah is not a friendly, helpful cousin and assigns Abigail a position in the scullery. Think of the wicked queen in "Snow White."

This is certainly not what Abigail hoped for, but she appears to make the best of it, willing to do the work in a very hostile environment. The other maids taunt her, and deliberately do not warn her that the bucket of water she is going to use to scrub the stone floor is filled with lye. She burns her hand badly. She is obviously a victim and appears to be a victim in a world of villains.

Later, through the good deed of finding soothing leaves for the Queen's gout, she comes to be noticed, although only after having been beaten for acting above her station in offering this help. In one of many brilliant visual juxtapositions, Abigail's agony with her hand is superimposed on the screen with the Queen's equal agony as she also writhes in pain.

Abigail becomes her cousin's maid, and later, even moves up to become a lady in waiting to the sickly, imperious Queen. And now we come to the center of the story - Abigail and Sarah vie for the privilege (and power) of being the Queen's favorite. We see dark (evil) Sarah versus light (innocent) Abigail; Sarah who has everything versus Abigail who has nothing; mentor versus student. Here are three powerful women whose interaction is fascinating. Olivia Colman won the academy award for "Best Actress," playing the Queen, but Rachel Weisz, as Sarah and Emma Stone as Abigail were equally worthy. Both Rachel and Emma were awarded nominees for "Best Supporting Actress," and the film received 10 nominations in total, including, "Best Original Screen Play" and "Best Director," Yorgos Lanthimos but not for "Best Picture," which I think it should have won. The settings are rich and ornate, the costumes bright, vivid and ostentatious, the music throbbing, reinforcing aroused emotions.

We watch Abigail change from what appears to be a maiden of sweetness and light, to a dark, vengeful creature. Was this inherent in her character (nature)? Was it the result of a childhood where her own father sold her to a stranger (nurture)? Or was it the result of what she learned from following

the example of the manipulating, brutal Sarah and then applied?

Everything in the movie is excessive and dramatic which is one of the reasons for the polarized responses. To avoid spoilers, here is one of many possible examples from early in the film. At a ball, Sarah dances with a young courtier while the infirm Queen watches from her wheelchair. At first, the dance seems like so many movie interpretations of the time, formal, in a style as familiar to the audience as the Virginia Reel. The couple dances down between a line of other dancers, and then dances back. They then embrace to circle each other, going first one way, and then the other. But the dance itself becomes more and more unlikely. Hand gestures begin to resemble a children's pattycake game. The male picks the Duchess up, first for just a brief lift, that gets more and more bizarre until he grasps and carries her waist-high (horizontally) and spins around like a top. No one then, or now, dances this way. But as the dance becomes more and more extreme, we get shots of the Queen's face, moving from interest to displeasure to dismay until, as the music and steps grow more and more frantic, she cries out and stops the whole thing, demanding to return to her room.

This is jealousy incarnate! The impossible dance evokes the intense emotion. The two are linked. Not realistic but brilliant.

The film is a fictional depiction of historical fact, which is discussed in the wonderful web site, *History vs Hollywood* (<http://www.historyvshollywood.com/reelfaces/the-favourite>), which gives fascinating background. There, is it possible to learn that what may seem impossible, can be based on the truth? In the film, Queen Anne reveals that she had 17 children, all of whom died. This is true. Only one son lived beyond infancy and then died at age 11.

The court is decadent and depraved. When not steeped in sexual self-stimulation, characters enjoy such pleasures as racing pet ducks and throwing tomatoes at a naked courtier.

There is a literary term called *Magical Realism* which deals with a plot where the story moves in and out of reality. One great example is "The Life of Pi," by Ian Marlet. Another great example is this movie.

What is positive in his film lies in the strength of the women, the dramatic lengths they will go to achieve their ends, and the development of their characters. The men in the story are secondary. In fact, while according to history, Anne's husband, Prince George, is alive, he is not in the story at all. Even the war between France and England is secondary, important only in portraying how the ignorant, weak Queen, vacillates between peace and war at the bidding of her companions. The war between two nations becomes merely a backdrop to the struggle between the women.

What is positive is that all three women are as much victims as victors. The old adage is true: "power corrupts, and absolute power corrupts absolutely." What is positive is that nothing is predictable and certainly not their behavior. What is positive is that no one wins as the film builds to its fantastic final scene. All are ultimately victims. If you missed the show and get another opportunity see it, do so. You will not be disappointed. The film is a delight to the eye and to the intellect.

"The Favourite" is now my favorite. I enjoyed it so much that after seeing it Sunday night, I went back again on Tuesday. To be fair, my partner, Irv did not.

I highly recommend seeing this film.

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 Chair Yoga (Charland): Begins April 1st from 1:00 PM - 2:00 PM for 5 weeks, \$35  
 Jewelry (Maron): Begins April 1st from 7:00 PM - 9:00 PM for 2 weeks, \$30  
 Tap Dance (Fisher): Begins April 1st from 10:00 AM - 11:00 AM for 4 weeks; \$32



**Tuesday:**

Jewelry (Maron): Begins April 2nd from 7:00 PM - 9:00 PM for 2 weeks; \$30  
 Line Dancing (Levitan): Begins April 2nd from 10:00 AM - 11:00 AM for 5 weeks, \$35  
 Mixed Media (Tishman): Begins April 2nd from 1:00 PM - 3:00 PM for 4 weeks, \$50



**Wednesday:**

Art: Painting (DeRosa): Begins April 3rd from 10:00 AM - 12:00 PM for 4 weeks, \$40  
 Ballroom Dance 2-Step (Price): Begins April 3rd from 7:00 PM - 8:00 PM for 4 weeks, \$32  
 Beginners Tap Class (Jankelevich): Begins April 3rd from 9:00 AM - 10:00 AM for 4 weeks, \$32



**Thursday:**

Canasta (Levitan): Begins April 4th from 3:30 PM - 5:30 PM for 4 weeks, \$36  
 Creative Art (Zannini): Begins April 4th from 1:00 PM - 3:00 PM for 4 weeks, \$45  
 MahJongg (Levitan): Begins April 4th from 1:00 PM - 3:00 PM for 4 weeks, \$36



**Friday:**

The Power of Jewish Self-Government in Exile: Begins April 5th from 10:00 AM - 11:45 AM for 4 weeks, \$32

**Saturday:**

Yoga (Charland): Begins April 6th from 9:00 AM - 10:00 AM for 4 weeks, \$28



**Private Lessons:**

Golf Lessons (Battersby): Private Sessions available.  
 Wynmoor Personal Trainer (Anderson): Private Sessions available.  
 Free Demos, Tuesdays and Wednesdays from 5:00 PM - 7:00 PM  
 Wynmoor Personal Trainer (Hamburger): Private Sessions available.  
 Free Demos, Wednesday from 12:00 PM - 2:00 PM  
 Wynmoor Personal Trainer (Walbert): Private Sessions available.  
 Free Demos, Tuesdays from 5:00 PM - 7:00 PM



For more information, call Recreation at 954-978-2600, press 1. Register at the Recreation Office Monday-Friday from 8:00 AM - 4:45 PM and in the Country Club Business Center Monday - Friday from 8:00 AM - 12:45 PM and 2:00 PM - 5:00 PM. Class are on held a monthly basis and must be taken consecutively. Classes are subject to change. Refunds are not granted after the start of the second class.

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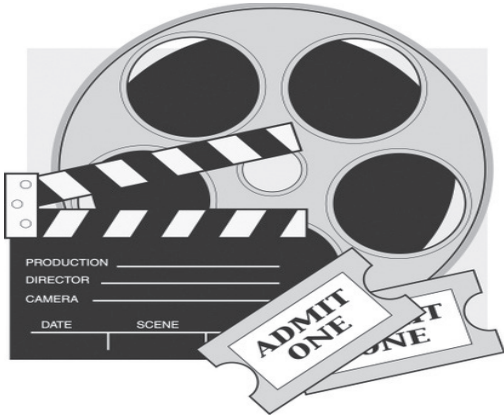
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## DESTROYER

**2 Hrs. 3 Mins. - Rated R**

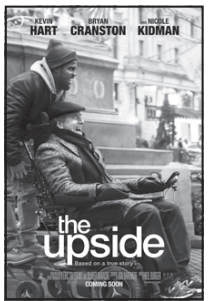
Wed. Apr. 7 2 & 8\* PM  
 Monday Apr. 8 8 PM  
 Tuesday Apr. 9 8 PM  
 Wed. Apr. 10 2 PM\*



## THE UPSIDE

**2 Hrs. 6 Mins. - Rated PG-13**

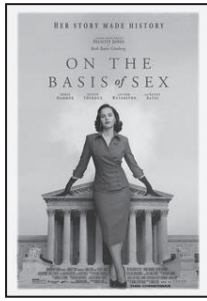
Sunday Apr. 21 2 & 8\* PM  
 Monday Apr. 22 8 PM  
 Tuesday Apr. 23 8 PM  
 Wed. Apr. 24 2 PM\*



## ON THE BASIS OF SEX

**2 Hrs. - Rated PG-13**

Sunday Apr. 14 2 & 8\* PM  
 Monday Apr. 15 8 PM  
 Tuesday Apr. 16 8 PM  
 Wed. Apr. 17 2 PM\*



## SECOND ACT

**1 Hr. 43 Mins. - Rated PG-13**

Sunday Apr. 28 2 & 8\* PM  
 Monday Apr. 29 8 PM  
 Tuesday Apr. 30 8 PM  
 Wed. May 1 2 PM\*



\* OPEN CAPTION

# \$2.00 ALL Times



*\* Id's required for all shows, dances and movies. All shows subject to change.*

*Guest Show tickets available two (2) weeks prior to show.*

*PLEASE NOTE: Children under the age of 15-years-old are not permitted in the theatre.*

## Your updated information for the 2020 Wynmoor Social Registry is needed.

Submit the "Change Form" on page 22 in the 2019 Wynmoor Social Registry.

If you do not have a form, please visit the Council Office for guidance.

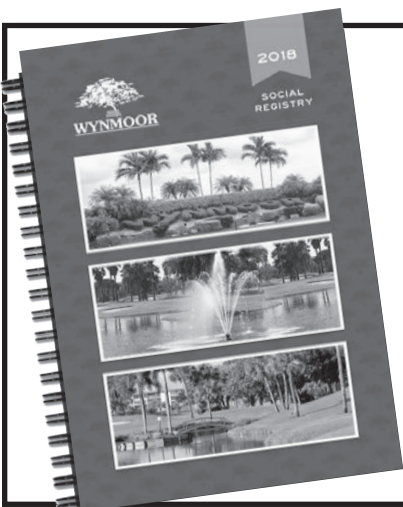
Many residents have given up their land lines and are using their cell telephones as a main number.

This would be a CHANGE you would want to make in the directory.

Change or remove your information from the Registry. It's your choice, and NOW is the time to make it.

*Your attention to this matter is greatly appreciated by the staff of the Wynmoor Social Registry.*

*Thank you for your cooperation.*



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# INSPIRATION STATION

By Diana Stone, M.A., Wellness Consultant and Inspirational Writer and Speaker

## CARING FOR THE CAREGIVER

Dear Reader,

Calling all nurturers! You know who you are! The ones who show up to assist when a loved one is in need! Since we are all connected, it is natural to feel compassion for our family and friends when they are suffering and it is human to want to help alleviate suffering if we can. But how? How do we best assist? I am quite experienced in the art of caring for the caregivers... that is, supporting those who are in direct need of extra TLC (tender loving care) or their loved ones who often shoulder the burden alone without waiving the flag of exhaustion or quiet desperation. Here are a few simple, yet powerful suggestions you may consider the next time you hear of someone who has fallen out of their normal routine due to illness (physical or mental), a hospital visit or any other mishap that leaves someone you know in a vulnerable state either directly or as a caregiver to someone else they hold dear.

**SHOW UP!** Of course, this applies only if you know the person well! But, if you are a treasured friend, **DON'T WAIT FOR AN INVITATION** to show up and offer your love! This is not a time people are thinking clearly and it's certainly not a time people can extend formal invitations. The Red Cross just shows up and so should you!

**LISTEN!** I'm often told, "but I don't know what to do! I'm not a doctor! What can I DO to help?" The beautiful part about compassion is that your mere presence gives the powerful message that they are not alone. Listening is becoming a lost art. Offer your FULL, undivided attention. Be soft and open and gentle. Hear what happened, hear where they're at with it all, hear what they feel scared about or where they feel unable to cope. Be a safe vessel to catch their emotions. This is healing unto itself.

**BE REASSURING!** Let them know you are committed to their family's well-being and that you will continue to show up for them. Resist adding undue stress by sharing any negative stories of similar situations. Ask them what they've tried and if they're open to other ideas before you start evangelizing the latest supplement or healing ointment. Healing is a personal journey and remember, you're there to support not prescribe or judge!

**GET PHYSICAL!** We have become more reclusive as a society with all of our social media "friends" and over-sharing. What people post and what

they are living are often vastly different, yet what we do know for sure is that a real live HUG and someone holding our hand feels good and tender and supportive. Those little hug emojis are so cute but nothing compares to a real hug - heart to heart! Offer a hug, hold a hand. Have a tissue or two handy. Speak softly if at all. Allow your love to permeate the space and raise the vibration.

**ACT!** Life tends to slow drastically when someone is ill or tending to someone who is ill. Yet the need to eat, sleep, feed their children and pets, water their plants, walk their dogs, clean their home, get their mail etc. ALL STILL EXISTS. What can you comfortably offer to do? Offer to grocery shop for their family or prepare a meal or start a food chain where many people can take on a meal so it is not overwhelming. Offer to give a ride to the hospital or sit in the lobby so when they take a coffee break from bedside support, they are not alone.

**IT'S NOT ABOUT YOU!** Care givers get tired. And tired people don't think clearly. They may forget to update you when plans change and you show up to walk the dog, only to discover your friend forgot to tell you that a relative took on the care of the pet. This is not a time to keep score. Allow ample space for supreme flexibility and consider calling or texting before you head out to be sure the plan is still in place. Hospitals change their care plans so frequently, it's hard to keep up so don't expect minute to minute updates for your convenience. You are making time in your life to help but remember **THIS IS THEIR LIFE** and they are doing the best they can to cope. If you can't give without lots of praise and reminders, bow out! Be a blessing, not a burden!

Now more than ever, we need one another. We crave comfort and companionship and closeness. Be the light worker. Show up with your whole heart. **"It's not how much we give but how much love we put into giving."** -Mother Teresa

**BE THE BLESSING YOU ARE CALLED TO BE!** With love and gratitude for your giving hearts, Diana

Diana Stone, M.A., is a Wellness Consultant and inspirational writer and speaker. Connect with her at [dianalynnstone@me.com](mailto:dianalynnstone@me.com) or visit her website at [www.dianalynnstone.com](http://www.dianalynnstone.com)



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# The Wynmoor Billiard and Pool Club's Annual BBQ And Dance Sunday, March 10, 2019

By Bob Horowitz

Over 100 Members and friends attended this fantastic year-end event. Our thanks to our VP, Mike Nash (pictured on left), for all the many hours he spent in e-mailing, collecting and checking attendees. Also, thanks to the planning committee: Bill Brunie, Janet Brunie, Rose Ortiz, Madelyn, and Gail. Thanks to the Wynmoor Recreation Dept: Kia, Moriah, George, and the maintenance crew.

We all had a wonderful time enjoying the food, socializing and the music by Bobby Boudreau.



## Wynmoor Women's Team - Now Called The "Wynmoor MzCues"

By Bob Horowitz

Having recently formed a ladies' pool group at Wynmoor, I am pleased that we have 23 members. It is a challenge to find a format each week that keeps all skill levels interested and fun.

We voted on suggestions for our group name and selected the "Wynmoor MzCues."

Come join us every Tuesday from 3:00 PM - 5:00 PM to meet new friends, learn and have some fun!



# Kevin Rader

State Senator, District 29



Dear Friends,

We are now halfway through the 2019 Legislative Session. Bills are moving through committees, and appropriation funding requests are taking priority. Below are two bills that I've introduced this year to protect everyday citizens further.

**SB 940: Crimes Evidencing Prejudice:**

I am happy to share that I have sponsored legislation to amend our current Hate Crimes Law. Although Florida has a Hate Crime Law, the current statute, however, needs to be strengthened and updated to protect all Floridians. Hate crimes are distinct because they target victims simply for who they are and are intended to terrorize members of entire communities. Our Hate Crime Law is a way for Florida to recognize that these crimes strike special fear within victimized individuals and groups. This legislation would expand the law's definition of disability; bring the Florida Hate Crime Law into conformity with federal Hate Crime Law; and cover "mixed-motive" hate

crimes, which are currently not covered under Florida's Hate Crime Law. Throughout Florida, there has been a 51 percent increase in the number of hate crimes reported to the FBI in 2017 compared to 2016.

**SB 514: Medical Negligence:**

I have introduced this bill in an effort to protect those that cannot defend themselves. The current Medical Negligence Law prevents guardians from safeguarding their loved ones after death if the individual was over the age of 26. Those who have committed themselves to care for and support their loved ones would be able to file a claim should this become law. I seek this change to give guardians the option to file a wrongful death claim should they feel their family member passed away due to a medical mistake.

Should you wish to learn more about the bills introduced this Legislative Session, please visit [FLsenate.gov](http://FLsenate.gov).

I look forward to continuing to work hard on behalf of our community and having a successful 2019 Legislative Session.

**District:**

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**Tallahassee:**

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404 South Monroe Street  
Tallahassee, FL 33344  
850-487-5029

**Email:** [Rader.Kevin.web@flsenate.gov](mailto:Rader.Kevin.web@flsenate.gov)



## Cinco De Mayo Celebration

We are celebrating Cinco De Mayo a few days early on Friday, May 3rd from 7:00 PM - 10:00 PM in the Grand Ballroom! Come enjoy a live Mariachi band, a DJ and light refreshments. Register now. The cost is \$10.



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# AMAZING TALENT IN WYNMOOR

By Amy Wallace

I had the opportunity to visit Wynmoor’s 37th Annual Festival Of The Arts on Saturday, March 16th. As soon as I walked through the doors of this spectacular event, I was blown away with the talent and exhibits of so many residents. I was finally able to connect faces with the members of all the clubs and classes I see in the Insider every month.

Not only did I get to see these beautiful masterpieces up close, I also was able to catch these talented artists as they shared their fascinating stories with me on how they began their passion in art. For many, it was years ago.

I especially enjoyed watching many residents demonstrate their amazing talent next to their completed masterpieces. I loved observing

the intricate details that went into these amazing pieces. The clubs and classes represented were: Ceramics, Drawing and Painting, Jewelry, Photography, Stained Glass, Glass Kiln, Clay Sculpture, Mixed Media, Needlework, Woodworking, Paper Tole and Pottery. Some selected pieces were for sale, especially from the Woodworking Club, in which 100% of the proceeds were given to a Scholarship fund for the high-schoolers at Coconut Creek High School. What a wonderful fulfilling event and all for an amazing cause! I can’t wait to see what next year will bring for the Arts Festival! To all of our Wynmoor residents, may you always “keep art in your heart!”





# Neighborly News

## 2019 Cayman Pot Luck

By Hillel and Diana Cohen

Cayman Villagers held their 2019 Cayman Pot Luck lunch on Sunday, March 3rd. This was a very well attended event and a great opportunity to meet old and new neighbors in a relaxed and fun environment.

The weather report had warned about possible rain, but sunshine and cool breezes prevailed. A committee with representatives from each Cayman building organized the event and helped set up and clean up. Thanks to the Recreation Department for loaning extra tables and chairs needed to accommodate everyone.

Thanks to all who brought a favorite dish. Everyone shared lots of delicious food, drinks and conversation.



## Andros 1705

By Marilyn Stahl

There are lots of going-ons in our building this month. Ellen Resnick is skipping, hopping and jumping. We can't keep her down. Les' sister is here visiting from Israel.

Marilyn Johnson and Bernie Horowitz are traveling to Connecticut to attend the marriage of Bernie's granddaughter. Happy Birthday to Bernie who celebrated in March.

Jane Pollin will be visiting her daughter in Colorado and especially her grandson.

We welcome our new resident, Gloria Patane. We are happy to have her join our great building. Sadly, we say goodbye to our friend and neighbor, Barbara Davy. She will be relocating to Ohio to be near her son.

Those of our residents who are going back North, have a safe trip and we await your return in the Fall.



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# SUCCESS = REWARD

By Sheriff Gregory Tony

## Prioritizing Public Safety

As your sheriff, my number one priority will always be to keep our community safe. In a short time, we have made significant changes toward restructuring the agency and directing our efforts toward providing the highest level of public safety service the Broward County community expects and deserves. We have begun by implementing smart personnel changes, instituting a variety of significant training measures, introducing new crime-fighting initiatives, maximizing transparency and encouraging communication.

The Broward Sheriff's Office's success begins with its dedicated employees. The men and women of this organization collectively offer thousands of years of public service experience. There is a great deal of talent throughout this agency and I have had the honor of promoting some of our most highly-qualified leaders. Our new leadership is strong. As an agency, we will operate more efficiently and effectively as we continue to focus on our mission of public safety. We are also bolstering our recruitment efforts to identify well-qualified individuals who are committed to public safety and are eager to serve.

Ongoing professional training is paramount to public safety. Our training division has been restructured, focusing on providing BSO employees with the education, training and tools needed to perform their duties properly. We are working toward establishing an on-site training complex to provide



more intensive, frequent training necessary to address today's public safety challenges.

We have established a Threat Management Division, which encompasses our Real Time Crime Center. This unified crime center will provide a means for law enforcement to utilize cutting-edge technology to proactively identify and investigate potentially dangerous threats to our community. We have been in direct communication with Broward school officials examining ways to enhance our school safety and security.

In the coming weeks and months, we will continue to evaluate our priorities and develop new policies and initiatives to improve our operations. We will be fiscally responsible and ensure we are allocating resources to the

appropriate areas of public safety. Going forward, we will encourage two-way communication and open dialogue. New communication tools will be implemented to listen and connect better with the community.

I am proud of the strides we are already making to restore honor and confidence in this organization and we are just getting started. Together, we will work toward achieving great success while prioritizing public safety. I look forward to meeting members of the community in the coming months. You can stay connected by following me on Twitter@BrowardSheriff or emailing me directly at ask\_the\_sheriff@sheriff.org

SUCCESS = REWARD

### CABLE TV HELP NOW AT WYNMOOR

Wednesdays at the Country Club Library - 10:00 AM - 12:00 PM

A representative from Comcast will be at the Country Club Library to answer your questions.

The technician will help you at the Library, and also help set up an in-home appointment if necessary.

## EXPERT COMPUTER HELP

My name is **Anthony**. I am an **A+ Certified Computer Technician**. From beginners to advanced, I have been dedicated to helping Wynmoor residents with their computer problems since 1997. I support and repair all versions of Windows and Apple computers and wireless devices.

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**Call Anthony: 954-895-2555**

## Canasta Tournament

By Ann Elkin

Players wanted! Please come and spend a beautiful morning and afternoon playing Canasta. Meet lovely ladies and win money also! We meet every Thursday morning at 10:00 AM in the East Wing. Entrance fee is \$5 to play. For more info, call Ann Elkin at 954-978-0911.



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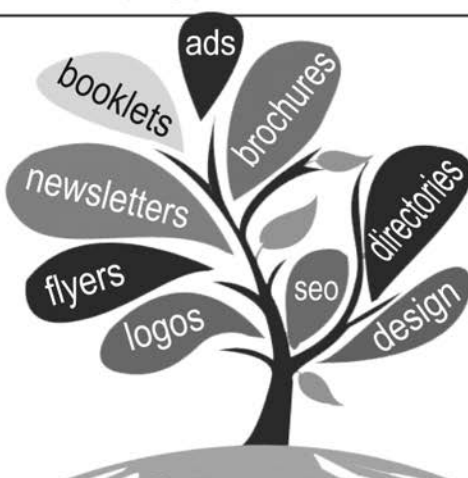
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## April Showers Bring May Flowers



# BINGO

## Thursday Night

Bingo will be held in the Ballroom.

Doors open at 6 PM, game begins at 7 PM.

All Wynmoor residents are welcome!



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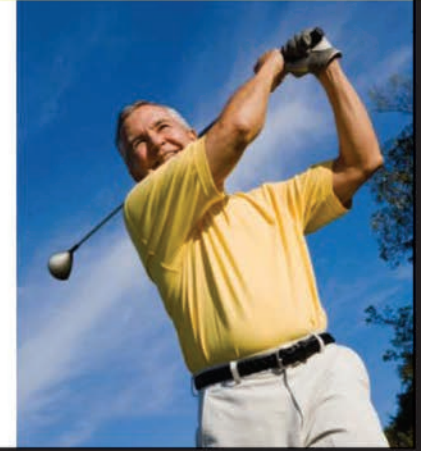
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# HISTORY CORNER

By Philip Edwards

## JOSHUA CHAMBERLAIN: COURAGE, HONOR, DUTY

(Dedicated to Alan Gaynor)

Of all the people I have researched in history, Joshua Chamberlain is the person I respect the most. Most people know Chamberlain from his actions at Gettysburg when he saved the Union Army that day, and possibly the Civil War for the North. For anyone who has seen a movie or documentary on the Battle of Gettysburg, it was Chamberlain who commanded the 20th Maine Regiment on the hill called "Little Round Top." The Union Army had set up their defensive line against the Confederates from Culp's Hill along Cemetery Ridge to the Devil's Den. Just before the second day of battle began, the Union realized Little Round Top was undefended. If the Confederates took the hill, they could put cannons on it and blow the Union line apart.

A desperate rush was made to get Union troops on the hill and defend it at all costs. Fifteen minutes before the Confederates attacked, the 20th Maine was positioned at the extreme end of the Union defense on Little Round Top. Their orders were to stand at all costs and not retreat. If they abandoned their position the battle was lost. Wave after wave of Confederates charged up the hill repeatedly assaulting 20th Maine. Chamberlain had lost half his men, many of them were low or out of ammunition. The Alabamians charged again. Chamberlain could not retreat. He ordered his men to fix bayonets and charge down the hill to meet the on-coming Confederates. Fierce hand-to-hand combat ensued. In the melee, a Confederate officer

came face to face with Chamberlain and pointed a pistol at his head. The gun misfired and Joshua Chamberlain took the officer prisoner. The Confederates broke and ran, never to mount another charge. Chamberlain was awarded the Medal of Honor for his leadership and bravery.

Chamberlain had been seriously ill before the battle began. He was sent to the hospital in order to recuperate. Upon his return, he participated in a number of engagements. The Union army was now under the command of General Ulysses S. Grant. Grant knew he had more men than Lee, so he fought a war of attrition. Willingly, Grant traded one-for-one, knowing Lee could not replace his losses.

At the Second Battle of Petersburg, Grant ordered Chamberlain to attack an impenetrable part of Lee's defense. Chamberlain messaged back to Grant that this was basically a suicide mission. Grant again ordered Chamberlain to have his men attack. Instead of ordering his men forward, Joshua Chamberlain went to the front of his army and **led** them into battle. A bullet struck his hip, went through his groin, and exited through the other side of his hip. Before falling unconscious, he stood and encouraged his men forward. Many thought it was a mortal wound and Grant gave Chamberlain a battlefield promotion to brigadier general.

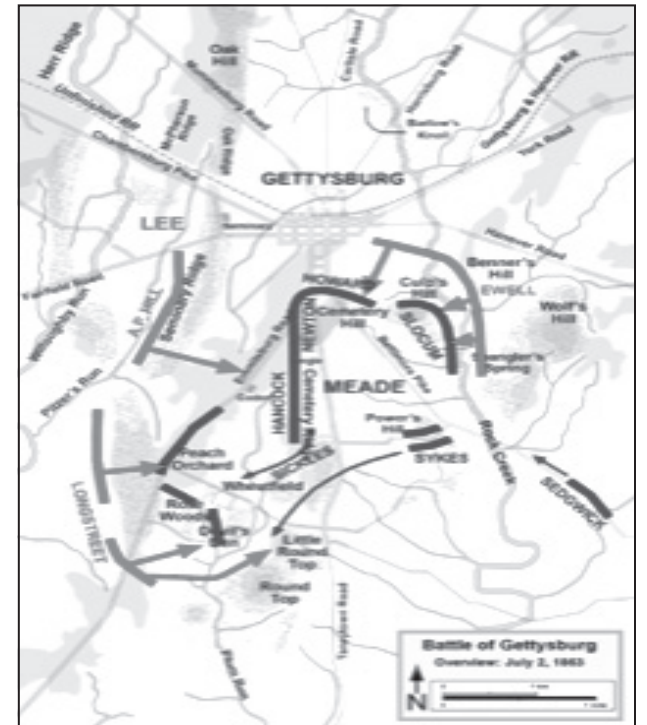
Somehow, Chamberlain survived his wound. Six months later Chamberlain was back in command of his unit. He was wounded a total of six times, participated in 20 battles and numerous skirmishes. President Lincoln promoted him to Major General. The price of courage and honor was to suffer a lifetime of pain from the wound and wear a catheter with a bag for the, next forty years until the old wound took his life.

After Grant's victory at the Battle of Appomattox, Chamberlain was given the privilege to stand as honor guard while General Lee's army marched to surrender their arms and accept defeat. Though

not being ordered to do so, Chamberlain ordered his men to attention to show respect for the broken Confederate soldiers. Even though he was criticized immensely for his action by his fellow officers, members of Congress and a large portion of the civilian population of the North, this action began the first movement towards healing and reconciling the nation.

After the war, Chamberlain served as the Governor of Maine for four one-year terms. He then served as president of Bowdoin College and a trustee of Bates College. In 1898, he tried to enlist in the Spanish-American War at the age of seventy, but was turned down for health issues. He was the last Civil War veteran to die of combat related wounds.

He led from the front, worked through his wounds, never gave up, and instinctively did the right thing in spite of harsh criticism. He died a person with courage, honor, and an impeccable sense of duty. Comments can be made at [choos-erightly.com](http://choos-erightly.com)



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# Clubs and Activities

**ALL Wynmoor Clubs, regardless of name, are open to ALL Wynmoor residents. Dues may be applicable.**

## Actors On Stage Club

By Diane Williams

Actors On Stage Club is seeking stage production directors, writers, male actors, female actors and stage-hands. People new to the stage can receive professional direction and training. Contact Judy Bobker at 954-973-4958, Marvin Keith at 954-960-5411, or Diane Williams at 267-253-6947. We meet every Friday from 1:00 PM - 3:00 PM in the Lecture Hall.

## Billiard & Pool Club

By Bob Horowitz

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included; Karaoke night, comedy club night, group BBQ & Dance, Club Pool & Billiard tournaments, and other social events.

**For more information about the Pool and Billiard Club, to join our e-mail list or to sign up for an event or meeting; Email WynmoorPool-Club@gmail.com** or come into the room and look for event sign-up sheets. You can also join our Facebook page "Wynmoor Poolclub."

To join the club come to a meeting or see a club official when in the pool room. **Club Officers for 2019:** Co-presidents: Bob Horowitz & Ralph Rubin, VP: Mike Nash, Secretary: Mike Brodie, Treasurer: Rose Ortiz. The cost to join the club is \$5/yr.

Our next Pool & Billiard Club meeting will be April 14th in the multi-purpose room (next to main pool and grills) at 10:00 AM. Come meet and greet fellow pool players. Bagels and coffee will be served. The cost is \$1 for members, \$5 non-members.

**Wednesday Night Pool Tournaments:** Join us every Wednesday night at 6:00 PM. This Tournament is handicapped for all skill levels. All residents and their guests\* are welcome! Enjoy AC comfort while having fun and meeting new friends!!

**Pool Lessons:** Put your name on the pool lesson sign-up sheet in the Pool Room or email us to schedule no cost pool lessons for Wynmoor residents.

**Wynmoor Pool & Billiard Room:** All residents and their guests\* are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the Library. With boasting 14 tournament grade regulation size pool tables, 4 heated- billiard tables and one regulation snooker table, this club has been called the "best Pool, Billiard, and Snooker venue, public or private, in all South Florida." Players of all skill levels are welcome. The room is open 7 days a week from 8:00 AM to 12:00 Midnight.

**Womens' Pool Team:** Explore a new activity, make new friends and have fun in our A/C poolroom. This is for beginners and advanced players. Residents and their guests are welcome.\*

There is a signup sheet on bulletin board in the Pool & Billiard room located in the Clubhouse.

\*All events are free for Wynmoor residents. Guests must register and pay a guest fee.

## Bocce Club

By Lucia Catone

Another month of great bocce playing. Come meet our Bocce fun-filled players on Tuesday, from 3:00 PM - 6:00 PM and Wednesdays, Thursdays and Saturdays, from 8:00 AM - 12:00 Noon. Free lessons, socialization, and good times are guaranteed!

To join, call President, John Giuffrida at 954-977-9154. See you at the Bocce court!

## BOOKIES

By Rhoda Becker

Our Tuesday, April 2nd meeting will be held in Ballroom C at the Clubhouse at 7:30 PM. The book we chose for this month is "Here And Gone," by Haylen Beck. According to the reviews, the reader is in for an "exciting ride." Join us. We are anxious to hear your opinion.

## Camera Club

By Nancy Landman

Membership is open to all Wynmoor residents with an interest in photography, regardless of their skill level or type of camera. The club offers instructional programming, entertaining multi-media presentations, informal critiques,

field trips, and small group mentoring.

There is also a club member's newsletter, "The Focus," that will display club member's photos, club activities, and informative articles.

We encourage people with *beginner* skills through *advanced* skills to enjoy and share the benefits of a photography club, to gain experience and knowledge, all while helping each other grow to achieve and promote photography's excellence and fun.

Yearly membership is \$10 per person, \$15 for married couples. New to the club? Your first meeting is FREE! Come join us!

We meet on the 2nd and 4th Tuesdays of the month in the Country Club Lecture Hall from 3:30 PM - 5:30 PM. Please note, our last meeting for this Season will be April 9th. For More information, call Nancy Landman at 954-979-9894.

## Chess Club Growing

By Hillel Cohen

Did you play chess when you were in school? Haven't played in years? Or decades? Maybe it's time to get back in the game. Chess can be fun and great exercise for the brain. Since the Wynmoor Chess Club switched to Tuesdays, new players have joined the action. Come and play, or if you want, just watch. All levels of players are welcome. The games are friendly and informal. We get together every Tuesday from 6:30 PM - 9:30 PM in Card Room 1 at the Clubhouse. There are no dues, no fees and no meetings. Just come anytime, any Tuesday, between 6:30 PM and 9:30 PM. Boards and pieces are provided and everyone who wants to play will get a chance. Win, lose or draw, it's a great game.

## Clay Sculpture Club

By Martha Van Cleave

Come explore your creative talents in clay! Our club is open to all! No experience necessary!

Our club meets on Tuesday, usually around 12:00 Noon and Friday, usually about 10:00 AM in the Clay Sculpture Studio, which is in the back of the main Clubhouse, facing the golf course and just beyond the Billiard Room.

Please come by and check it out to see if you might be interested. If you don't see anyone at the studio, please feel free to call me for more information: Martha at 954-971-3932 or email me at [vancleavemarta@yahoo.com](mailto:vancleavemarta@yahoo.com)

## Computer Club

By Beverly Friend

What a great year this has been for the Computer Club, with record attendance at our informative, monthly sessions. If you missed any or would like to revisit any presentation, please visit: [www.wyncomputerclub.com](http://www.wyncomputerclub.com)

The content of each session, for this and past years, is listed two days after a session. You can also find a ton of additional information and important links. At our April meeting, Board member and computer guru, Pat O'Brien, will review highlights of the site before moving on to Troubleshooting. Bring problems and offer solutions to your fellow techies.

Join us April 17th at 9:00 AM in West Wing I. Enjoy the talk, the companionship and the refreshments. Contact Pat at [2makeitwork@gmail.com](mailto:2makeitwork@gmail.com) for further information.

## Contract Bridge Club

By Phillip Cummins

There are many options for playing Duplicate Bridge at Wynmoor each week. There are ACBL sanctioned games on Mondays and Wednesdays at 7:00 PM (please arrive at 6:45 PM) and Fridays and Saturdays at 1:00 PM (please arrive at 12:45 PM). All these games are held in the East Wing.

There are social duplicate games on Tuesdays at 12:30 PM in the East Wing and on Fridays at 12:30 PM in the West Wing. There is a Bridge lesson at 12:00 Noon on Fridays.

In duplicate, a Bridge hand is preserved in a holding board so that it can be played more than once. Otherwise, it is just Contract Bridge. For a partner, contact Gerri Silverman at 954-978-2457. Remember, when you arrive a bit earlier, it helps the Director organize the game.

## Current Events Club

By Daisy Sheridan

Come and join us at our weekly sessions where we discuss the current happenings of our times. We meet every Tuesday morning from 11:00 AM - 12:00 Noon in the Multi-Purpose room which is conveniently located next to the main pool. All Wynmoor residents and their guests are always welcome and

*Continued on page 56*

# Clubs and Activities

Continued from page 55

there is never a charge! If you wish, you may stay a little later to meet with old and new friends. May we welcome you next Tuesday?

## Drawing And Painting Club

By Beverly Friend

The highlight for this month occurred when Carolyn Frankel, highly successful member of both this club and the Writer's Workshop, discussed her recently published book, "*Be Like Rachel*," which she wrote and illustrated.

To see recent work by our members, visit the window displays at the East end of the Clubhouse. See paintings by different artists every month. There is also more in these showcases such as ceramics, woodworking, and pottery; a feast for the eyes and the imagination. Come on down.



## Fun With Friends

By Lou Kravitz

Our February dance was a great success and the dance floor was full. At one time, I counted over seventy people on the dance floor! On March 31st, we featured the "Cachet Band," who played a variety of great music. It was a birthday celebration for everyone who has a birthday in 2019. On April 14th, we will feature David Morin who looks and sounds like Elvis Presley... but he will sing a variety of 50's and 60's music. There will be some surprise food. It will be a going away dance for our Snowbirds and a wish for a great Summer for the people who stay at Wynmoor.

Free dance lessons start at 7:45 PM, with the dance starting at about 8:15 PM. The location key has the dance listed at 7:00 PM. *This is wrong*. The previous times mentioned above are correct. The dance costs \$10 for members, \$15 for non-members. Checks must be in by April 11th by 12:00 Noon. The address for drop off is Marcia Maron's home: 2804 Victoria Way Apt. O2, number 3 on the circle. Any questions, call Marcia at 954-0969-7836 or Lou Kravitz at 954-972-4801.

## Hadassah

By Toby Gordon

We still have many events still to come. Join us at our April meeting, which is held in the West Wing, starting at 12:00 Noon. There is plenty of time to catch up with friends and have a light snack. Our meeting will be called to order promptly at 12:30 PM by our President, Bernice Riback. Our speaker this month will be Nancy Wyman, a Jewish Genealogist who will discuss "Preserving The Family Tree."

We wish to thank everyone who attended our "Wine and Cheese" get-together and saw the film "Bagels Over Berlin." It was a huge success due to the efforts of our Chair people, Toby Bindler and Ronnie Weber.

On March 13, 2019, we had our Spring Luncheon and fashion show at Light House Point Yacht and Racquet Club. This was a sell out! If you missed the chance to join us this year, we are sorry. Please keep this event in mind when you plan your Season next year and book your table early.

Our last card party was a HUGE success due to the efforts of our Chairperson, Natalie Gorelick and her helpers. Our next one will be on May 8th. Watch for the flyers on the rack in the library and please plan on joining us. We look forward to seeing you there!

**REMINDER:** Please support Hadassah by purchasing certificates from Bernice Riback. She can be reached by calling 954-984-1703. Trees for any occasion may be purchased through Beverly Alexander. She can be reached at 954-969-1701. Beautiful cards for all occasions may be obtained through Dotty Pekus who is reachable at 954-973-9050. Your support is greatly appreciated!

## Health & Wellness Club

By Hope Myers

Join us for an informative meeting on Tuesday, April 16, 2019 at 2:30 PM in the West Wing II. Come hear Dr. Juan Bravo, M.D speak on the "Benefits of Hyperbaric Oxygen Therapy." Dr. Juan Bravo is Board Certified in Family Medicine, Hyperbaric Medicine and Wound Care; one of the only Physicians

in South Florida to have this esteemed proficiency. Dr. Bravo is the Medical Director of RegenQuest, a Hyperbaric Oxygen Therapy Center located in Deerfield Beach. The healthy refreshments for this meeting will be sponsored by the RegenQuest Center. We hope all our members will come to hear this exceptional speaker.

The guest fee for each meeting is \$3. For more information, contact Hope Myers, President, at 954-971-9538.

## Karaoke Night & Live Entertainment

By Robin Thompson

Please join Robin and Bob on Wednesday, April 24th in Grand Ballroom A. Doors open at 6:15 PM. The, from 7:00 PM - 8:00 PM, you will be entertained by keyboard/vocalist, Bob Boudreau for your dancing and listening pleasure.

The rest of the evening will be dedicated to Karaoke. Singers, please come with some songs in mind and check in with Robin when you arrive to put your song requests in the rotation. Snacks and beverages are permitted. We have over 30,000 songs. Residents must show Wynmoor ID. Admission is \$2 per person. We look forward to seeing you there!

## Latin Women's Club

By Minerva Nazario

We wish our members and friends a very Happy Easter and joyful Passover Holidays. Our next meeting will be on April 30, 2019 at the East Wing, Classroom 4, from 2:00 PM - 4:00 PM. Refreshments will be served. Our Annual dues are \$15. All meetings are held in Spanish.

For those celebrating a birthday or anniversary this month, we wish you good health, peace, love, and many more years to celebrate. For more information about our club, please call Ms. Minerva Nazario at 954-532-3156.

## Monday Night Dance Club

By Tamara Tresniowski

Time flies when you are having fun. It's been a wonderful Season. Unfortunately, we have to say goodbye to many Snowbirds this month. We have enjoyed the lessons and the dances.

April will still be a jam-packed month. On April 1st, Ann will be teaching Rumba and on April 8th, Ann will teach Bachata. April 15th is our first Annual Bunny Hop and Easter Hat Party. Ice cream will be served. On Monday, April 22nd, we will be reviewing the New York, New York Line Dance and we will enjoy a Super "Colossal Dessert!" Finally, April 29th will be a 50's themed dance and we will be teaching "The Stroll." Come dressed as the 50's. There will still be dances in May as well. \$1 for members and \$2 for guests.

## Nature And Arts Club

By Cindy Selmon

As the 2018-2019 Season nears its close, we can look back at many interesting breakfast programs such as, "The Art Of Cupcake Decorating" and "The Muscovy Ducks And Egyptian Geese of Wynmoor."

The April presentation, "Public Art In Our Area" will be given by Laura Atria, Public Art Program Manager for Coral Springs.

Our next meeting will be held on April 4th at 9:15 AM in Ballroom A. It will include a light breakfast. Meetings are always on the 1st Thursday of the month.

This Season, we enjoyed fascinating trips to the Wiener Museum Of Decorative Arts, Fairchild Gardens, The Frost Science Museum and more. Our trips are always on the 3rd Thursday of the month, from October - May. Participation on trips is limited to club members.

Our next trip will be to Gumbo Limbo Nature Center in Boca Raton on April 18th. It features aquariums, a sea turtle hospital and a boardwalk.

Our final trip will be on May 16th to the Nova Southeastern University Art Museum. Travel is on your own for both trips. You may pay for the trips at our April meeting. Checks are preferred.

If you have questions about either trip, call Ilana Shimony at 954-257-5132. For more information about membership, call Bonnie Summer at 954-532-7771. If you have any other questions about the Nature And Arts Club, contact the President, Michael Koss at 754-205-5722.

## Needlework Click

By Barbara Bilello

Our April meetings are the 2nd and 4th Tuesday of each month which is the 9th and 22nd from 1:00 PM - 4:00 PM in the West Wing. We serve coffee, tea and lots of happy faces along with yummy snacks.



# Clubs and Activities

If you are new to Wynmoor and want to make new friends, please join us. If you knit, crochet or sew, you are all welcome. We also have a bunch of chatters. Just come. You'll have a great time.

If anyone has yarn they no longer need, please call Barbara at 754-222-6375. I'll gladly pick it up or you can drop it off. Thank you to everyone that has donated things to us. It is a great joy to give to various charities. There are very needy people out there and they appreciate our efforts. Thanks again, Barbara Bilello.

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## Pennsylvania Club

By Marilynn Stoloff

I can't believe we are inviting you to join us at the April meeting of the Pennsylvania Club. We will meet April 5, 2019 in the West Wing at 10:00 AM. Our Annual pizza party was a success. It was held at "La Pizzeria" in a side room so we could chat and hear each other. It really helped to be waited on instead of imposing on a few people to make it come together.

Gloria Shapiro did her book review of "Becoming," by Michelle Obama. Our meeting was well worth hearing and thought provoking. Come with ideas for our Summer get togethers.

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## Pickleball Club

By Sandra Cohen

Some of our Snowbird members have gone North and we will miss them until they return. Still, the Pickleball courts are busy and our members are having a good time. In April, our monthly tournaments, parties, Luncheons, dinners and dances will continue. So, the activities will go forward. New members are always welcome. Annual dues are only \$10 per person, which entitles members to attend all our events at no charge. The only additional costs are for tournament entry fees and meals.

Pickleball is great exercise and it's easy to learn. If you would like to learn the game, please visit us any Monday afternoon at the Pickleball courts for FREE lessons from 3:00 PM - 5:00 PM. We even supply racquets and balls for the lessons. You can also join us at our weekly Barbecue at the Cove on Wednesdays at 5:30 PM. Bring your own food and drinks, meet our friendly members, and join in the fun.

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## Shuffleboard Club

By Michele Epstein

I heard sad news that one of our all-star players had passed away, Annette Leiden. Just last April, we celebrated her 100th birthday. She will be missed and fondly remembered by all who knew her positive attitude and competitive style. She would reminisce with me about all her friends and loved ones who had been taken years before. We can only pray that they are enjoying a grand reunion.

Our Shuffleboard Club will continue our schedule of Saturdays and Mondays at 10:00 AM and Tuesdays, Wednesdays and Thursdays at 7:00 PM.

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## Video & Film Club

By Phil Guterman

Our Short Film Festival was a tremendous success, thanks mainly to our dynamic and creative Secretary/Treasurer, Enid Wolf-Scheine, who almost singularly organized the entire operation.

We sold out the entire Lecture Hall and could have run a second show the following day, as we had to stop selling tickets after only 2 weeks of sales.

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## Conservative Club

By Jack Mendelson

The Conservative Club of Wynmoor meets on Tuesday, April 16th at 7:30 PM in Ballroom "A." Come and hear Alan Bergstein, who is a great speaker, pro Israel, pro Trump, and pro working together. He is a native New Yorker, a retired school administrator and he tells it as it is.

We have refreshments, a 50/50 raffle and good company.

**You do not have to be a member to attend or speak.**

**All are welcome.**

The films were well received by an enthusiastic audience. After the show, everyone entered Ballrooms A and B, where 6 different wines were offered, as well as 6 different bags of popcorn. It was all you could drink and then everyone was seated at the 19 tables set up for the crowd. What a bargain for only \$2 a ticket. In attendance were the President and Vice President of Wynmoor. We hope to present another festival next year. We have many top-notch videos.

If you are interested in joining our club (only \$10), contact Phil or Enid at 954-978-1368. We are always looking for short scripts with up to 3 or 4 actors. We meet the 3rd Thursday of each month at 10:00 AM near West Wing II.

---

## Writer's Workshop

By Nancy Moskowitz

March and April bring the Season to an end for many of our Snowbirds. We shall miss their wonderful writings and wish them a speedy return next Season. We also bring wonderful news regarding our dear member, Frank Lemco, as he continues to heal from his recent hospitalization. We miss his weekly writings. Our best wishes go out to his dear wife, Ruth and the rest of the family.

We want to thank our entire Wynmoor community for their support and attendance at the Broward North Public Library event in February. For the 3rd year, you have supported our group as well as the Wednesday Painting and Drawing Club at our "Pen and Brush" exhibit. We hope our new writers will join us next year.

Another event that was important to our merry band of writers and future authors, was a day event at the Library on March 9th: "Tell Your Story. It's Your Write," which featured James Grippando and Charles Todd, both NY Times bestselling authors. There were many wonderful sessions and we thank our library for sponsoring it.

Our group meets all year long in Cardroom 1 from 10:00 AM - 12:00 Noon. We are always looking for new members. We encourage all who are interested in finding their voice through prose, poetry, storytelling, etc. No prior experience is required. Take a chance, give us a try.

---

## Wynmoor Ladies's Golf Association

By Adria Light

Oh, what a beautiful morning, Tuesday mornings bring! A sea of smiling faces greets each other brightly as we get ready to head out for another round on Wynmoor's scenic golf course. Hopefully, you have taken a quick moment to notice the pelicans and their friends lined up along the water's edge on hole 1. As we go on our merry way, how nice to see friends taking time to encourage one another, share a laugh and show compassion.

Of course, we are always mindful of our speed of play, allowing faster groups to play through and finishing the round in a timely fashion. Congratulations to all who played in the Championship Tournament with a special shout out to Flight A winner, Jennie Lee and runner up, Nicole Roy; Flight B winner, Kathy Seaton and runner up, Rose Marczak. Well done ladies!

A good time was had by all at our Color Wars on March 19th with everyone dressed in black or white. It won't be long before our Snowbirds fly North so come on out and enjoy the camaraderie! We wish a safe journey to those returning North for the Summer. Happy Birthday wishes to all those celebrating in April!

Remember: if you're not sure if you signed up or if you have to cancel, call Janice ASAP at 954-984-2165.

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## Fishing Club

By Eddie Kopple

We are winding down for the Season. The next meeting will be April 1st and the last one will be April 15th. Please, all members, make sure we have your up-to-date email address so we can keep you informed of any new information as well as when our first meeting will be. We held our closing dinner at the Texas Roadhouse and everyone had a good time and a good dinner. Special thanks to Sue and Howard for our dessert.

To all our Snowbirds, have a safe trip home, enjoy your Summer and we hope to see you back soon. If anyone has any ideas for the meetings, please contact us. Again, to our Snowbirds, please have a safe trip home, enjoy your Summer and for us members who stay here, we will get together once a month.

Join a Club - There is Something For Everyone!



# Upcoming Library Events...

## North Regional/Broward College Library

1100 Coconut Creek Blvd. • Coconut Creek, FL 33066 • 954-201-2601



## APRIL PROGRAMS

**Thursdays – Digital Downloads Open House.** Learn how to access and download the library's free books, music, magazines and movies to your device. First come, first served. Noon to 1 p.m. Rm. 226.

**Friday, April 5 & 12; Saturday April 6 & 13 – Tax Preparation by VITA: Free Income Tax Assistance.** Income requirement is \$54,000.00 or less, taxes are filed electronically. Must bring: Original Social Security Cards for you, your spouse and/or dependents or social security number verification letter issued by SSA, government issued photo identification for you and your spouse, form W-2, W-2G, 1099-R from all employers, Interest and dividend statements from banks (Form 1099), day care expenses with the providers' EIN and amount paid (if applicable), bank routing numbers and account numbers for direct deposit, blank check, a copy of last year's tax return, any other relevant information about income and expenses, Health insurance documents: 1095A, 1095B or 1095C. If you qualified for an exemption through the Health Insurance Marketplace, bring the Exemption Certificate Number (ECN). **Fridays –8 a.m. to 2:30 p.m., Saturdays – 10:30 a.m. to 4 p.m.** First come, first served.

**Tuesday, April 2 – Music Appreciation with Walter Ladden: Wagner.** Listen and learn about Wilhelm Richard Wagner, a German composer, theatre director, and conductor. 10:30 a.m. to Noon. Rm. 226. *Sponsored by the Friends of North Regional/BC Library.*

**Wednesday, April 3 – Knitting Circle.** Join our monthly knitting circle. A great way to get yourself knitting more, and to meet other people who share your interest. All levels welcome. 4:30 to 6 p.m. Rm. 226.

**Thursday, April 4 – Movie & Discussion.** (2017), Rated PG-13. Noon to 2:30 p.m. Rm. 154. Call 954-201-2601 for movie title.

**Saturday, April 6 – Considering the Consequences of your Actions.** Whatever you think, whatever you say, consider carefully all the consequences beforehand. By performing actions knowing the consequences we can create a favorable outcome. *Presented by BK Meditation Center.* 2 to 4 p.m. Rm. 154.

**Tuesday, April 9 & 23 – Coffee & Conversation.** An opportunity for friendly dialogue between professionals and community members. Light refreshments served. 2:30 to 3:30 p.m. Rm. 226. *Sponsored by Friends of North Regional/BC Library.*

**Wednesday, April 10 – Adult Enrichment @ Your Library: Ageless Grace.** A fitness and wellness program that consists of simple exercise tools designed for all ages and abilities. These exercises, based on everyday movements are natural and organic, and focus on the healthy longevity of the body and mind. Presented by certified instructor Eleanor Robinson. 1:30 to 2:30 p.m. Rm. 226. *Sponsored by Friends of North Regional/BC Library.*

**Wednesday, April 10 – Adult Enrichment @ Your Library: Book Discussion. “State of Wonder” by Ann Patchett.** Marina, a pharmaceutical researcher, goes to Brazil to work at the same remote research station where her partner has died from a fever. Filled with lush descriptions and powerful characters, this is a gripping tale of ambition gone awry and the courage to pursue the truth. 1:30 to 2:30 p.m. Rm. 235.

**Wednesday, April 10 –** Representatives from the North Broward **Social Security** office will be available to answer questions and provide information. 2 to 4 p.m. Lobby.

**Saturday, April 13 – Managing Stress.** This stress free living workshop will help free you from common illusions and misconceptions about stress. You will understand the underlying causes of stress and learn how to rise above them to create a relaxed mind and body. *Presented by BK Meditation Center.* 2 to 4 p.m. Rm. 226.

**Tuesday, April 16 – Adulting 101: Reading Food Labels.** What are your food labels really telling you? Find out what a food label reveals about what is really in your food, and whether your favorite foods are as healthy as you think. Light refreshments will be provided for participants. *Presented by Humana.* 2:30 to 4:30. Rm. 226.

**Wednesday, April 17 – Foreign Film Series: Discussion & Commentary with Shelly Isaacs.** (2016). 2 to 4:30 p.m. Rm. 154. *Sponsored by the Friends of North Regional/BC Library.* Call 954-201-2601 for movie title.

**Saturday, April 20 – Being and Spreading Happiness.** This interactive session will provide knowledge and tools to help re-ignite your inner happiness, be a child and explore and celebrate what you already have inside but may have forgotten. In this session you will learn to reconnect with your true, natural contentment. Sometimes, a reminder is all we need. *Presented by BK Meditation Center.* 2 to 4 p.m. Rm. 226.

**Saturday, April 20- Guitar Café and Musicians of Boca Raton present a Guitar Concert.** Join us for this performance of local guitar players. 2:30 to 5:30 p.m. Rm. 154.

**Monday, April 22 - Florida Licensing On Wheels.** DMV offers a selection of services: First time licenses, convert out of state license, renewals, replacements, address/name changes, ID cards, Reinstatements, and Emergency contact information. Fees are applied. 10:30 a.m. to 1:30 p.m. Lobby.

**Monday, April 22 – Movie & Discussion.** (2016), Rated R. 2 to 4 p.m. Rm. 154. *In celebration of Earth Day & Arbor Day.* Call 954-201-2601 for movie title.

**Friday, April 26 –** Representatives from the **Broward County Property Appraiser Office** will be available to answer questions. 10 to 11:30 a.m. Lobby.

### Language Classes:

**Tuesdays – English Café:** conversational practice session for intermediate learners of English. 6:30 to 7:45 p.m. Rm. 226.

**Tuesdays – Spanish Café:** conversational Spanish practice for English speakers. 6:30 to 7:45 p.m.

Young Adult Room, 1st Floor.

### Coming in May:

**Thursday, May 23 – Dr. Sandra Lilienthal presents Jewish-American Authors.** A look at what makes it Jewish literature and what makes it American literature and where and how these intersect. In recognition of Jewish-American month. 12 noon to 1 p.m. Rm. 154. *Sponsored by Friends of North Regional/BC Library.*

PREPARED



## North Regional/Broward College Library

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### APRIL COMPUTER CLASSES

**Tuesdays, April 2, 9, 16, 23, 30, 6:00 p.m. - 8:00 p.m. – Creole class.**  
Covers various computer subjects in Creole.

**Tuesdays, April 2, 9, 16, 23, 30, 6 p.m. - 7 p.m. & Thursdays, April 4, 11, 18, 25, 12 p.m. - 1 p.m., (Digital Downloads Open House Rm. 226).**  
Library staff or volunteers are available to assist with downloading library eMedia or using your digital devices, on a first come, first served basis.

**Wednesday, April 3, 2:00 p.m. - 4:00 p.m. – Introduction to Excel, Part 2 of 5.** Become familiar with Microsoft Excel and spreadsheet concepts. Spreadsheets are often used to track numerical or financial data and perform calculations easily and quickly. Learn the skills used most in Excel: menus, toolbars, formatting text and numbers, creating charts, graphs, and creating formulas.

**Thursday, April 4, 2:00 p.m. - 4:00 p.m. – Meet the Computer, Windows 7/10.** Introduction to computers, beginning with learning about the components that make up a computer system, how to use a mouse and keyboard, starting programs, and the computer desktop.

**Monday, April 8, 2:00 p.m. - 4:00 p.m. – iPhone Essentials iOS 10.** Learn how to use your iPhone and avoid frustrations. Includes the new Health app, Apple Pay, Apple Wallet, and Touch ID. [For Apple iPhone users only.](#)

**Wednesday, April 10, 2:00 p.m. - 4:00 p.m. – Introduction to Excel, Part 3 of 5.** (See information under April 3.)

**Thursday, April 11, 2:00 p.m. - 4:00 p.m. – Buying & Selling on eBay.** Buying and selling items online is a fun and easy way to shop and sell. eBay is the largest and most active auction site on the Internet, featuring everything from books to cars. Learn how to navigate your way through the ins and outs of eBay, whether you want to buy, sell or simply browse.

**Wednesday, April 17, 2:00 p.m. - 4:00 p.m. – Introduction to Excel, Part 4 of 5.** (See information under April 3.)

**Thursday, April 18, 2:00 p.m. - 4:00 p.m. – 2:00 to 4:00 p.m. – Microsoft Windows 10.** Learn all about the Windows 10 Desktop: Toolbars, Live Tiles, Settings and Personalization, Microsoft Edge, OneDrive and more.

**Monday, April 22, 2:00 p.m. - 4:00 p.m. – iPad iOS 9.0.** A comprehensive introduction to using the iPad, including all of the standard apps that come with iOS 9: Notes, Music, News, Maps and many other apps that have new features you'll want to learn about and use.

**Wednesday, April 24, 2:00 p.m. - 4:00 p.m. – Introduction to Excel, Part 5 of 5** (See information under April 3.)

#### FREE ONLINE COMPUTER CLASSES

One-on-one training is available by appointment: (954) 201-2601

We no longer have permanent guest lists. Be sure to update and submit your Emergency Contacts (limit 3) to Association Affairs. 954-978-2600 Ext. 342

## IMPORTANT NOTICE

All construction done inside your dwelling needs Wynmoor approval first. Then permits from the Coconut Creek Building Department must be pulled.

### Do It Right The First Time!

Saving a little money at first, can cost you a lot of money in the long run!

## FREE POOL LESSONS

By Bob Horowitz

Ralph Rubin, Co-president of the Pool and Billiard Club and Tournament Director, is available for lessons from beginner to advanced.

Sign up in the Billiard Room. A signup sheet is available near the front entrance to the room. There is no cost for these lessons.



# Wednesday Night Pool Tournaments

Join us every Wednesday night at 6:00 PM. This Tournament is handicapped for all skill levels.

All Residents and their guests\* are welcome!

Enjoy AC comfort while having fun and meeting new friends!

## Weekly Winners:



**1-31-2019** We had a full field tonight, every table in the room was used. André won the tournament with 13 wins. It was a tie for second between Eileen, this was her first tournament, and Joey G.

Photo: 1- André and Eileen Photo 2- Joe G



**2-20-2019** We switched to 8 ball this week with 19 players participating. Tony C won it with 11 wins and Fred D was a close second with 10 wins.

Photo left to right: Tony and Fred



**2-27-2019** Tonight we played 9 Ball and changed the rules to matches of 2 out of 3 with each opponent before moving on to the next one. Everyone played 8 opponents. The winner was Andre with 7 wins, tied for 2nd was Sal, Rassool, & Tony C each with 6 wins.

Photo left to right: Sal, Andre, Rassool, and Tony C



**2-06-2019** We had two co-winners Tony M and Ralph with 12 wins each. Sal was second with 11 wins. Sal is in his 90's and improving every week. The Wynmoor Wednesday Night 9 Ball tournament is handicapped to give everyone a chance to do well and have a good time.

Photo left to right: Tony M, Ralph and Sal



**3-6-2019** We switched to 8-ball and had a 3-way tie for first between Howard, Rassool, and Ralph with 9 wins each. André was second with 8 wins.

Photo left to right; Howard, Ralph, André, and Rassool.



**2-13-2019** This Wednesday we incorporated a fund raiser for the "Relay for Life" events which were to raise money for the American Cancer Society. The event was well attended with the Wynmoor Pool & Billiard club donating \$200. The winner was Rich with Terri coming in second... André and Julio were tied for 3rd.

Photo left to right: Andre, Julio, Rich, Terry



**3-13-2019** We played 8-ball tonight. Fred F won with 9 wins and we had a three-way tie for second between Frank H, Tommy P, and Fred D

Photo left to right; Fred F, Fred D, Tommy P, Frank H



Please bring your Wynmoor ID cards. \*guest pass required for non-residents.



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## Senior Touchline

### What is Senior Touchline?

Senior Touchline is a free service that offers a daily telephone call for people over 60 years of age who live alone. The purpose of the program is to ensure that older adults can maintain their sense of well-being while remaining in their homes.

Touchline calls also provide social and emotional support. The 2-1-1 counselor establishes a relationship with the senior and provides them with a sense of security and safety. One simple phone call can help give a client peace of mind knowing that a volunteer will be checking in with them at the same time each day.

### How Does Touchline Work?

Each day, within a pre-determined period, a 2-1-1 counselor calls registered seniors to make sure they are safe and well. If the 2-1-1 counselor is unsuccessful in reaching the senior after one hour of repeated attempts, the designated emergency contacts will be called and asked to check on the senior's well-being. If we cannot reach anyone, we contact the local police department to perform a senior wellness check to confirm their safety.

To sign up for this service

call 954-640-5800

or go online to

[www.211-broward.org](http://www.211-broward.org)

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# Puzzles and Games

Solutions from page 26

## Crossword Puzzle

C	A	N	E		O	P	E	R	A		F	E	T	A
O	B	I	T		D	A	R	E	S		A	Y	E	S
B	E	N	E	F	I	C	I	A	L		R	E	A	P
R	A	J		L	O	E	S		S		G	I	S	T
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			Y	E	S			D	U	L	L	A	R	D
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L	A	D	E		D	A	C	E	S		M	I	R	E
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D	E	M	U	R	E	L	Y		H	A	T			
		A	N	O	D	E		P	O	R	T	A	G	E
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A	N	T	E		A	S	S	E	S	S	M	E	N	T
V	O	L	S		S	L	A	V	E		A	L	O	E
Y	A	Y	S		P	Y	R	E	S		P	E	A	R

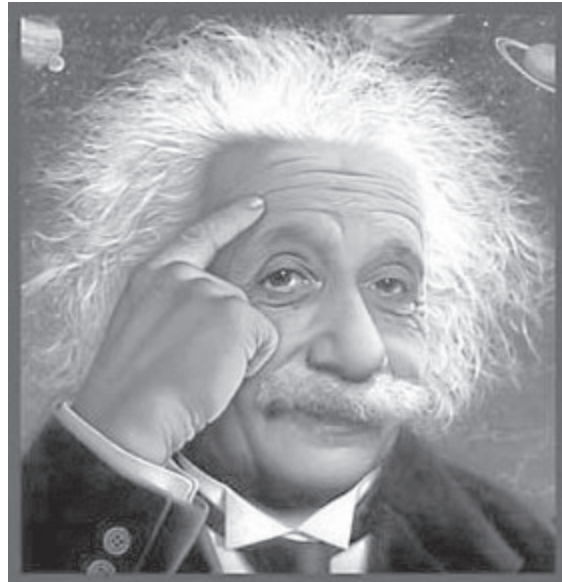
## Newspaper

D	N	A	I	S	S	W	E	N	F	I	R	S	S	N	O	I	H	S	A	F	
N	A	R	T	X	E	M	O	V	T	E	S	W	N	O	T	R	P	E	C	U	B
O	L	I	S	N	H	E	E	P	L	S	E	D	I	S	T	E	I	V	U	N	S
I	T	S	E	A	E	V	D	E	I	T	T	E	N	E	T	T	E	L	E	N	
T	E	E	N	D	S	M	T	I	V	N	A	R	I	X	C	R	T	N	T	Y	M
P	F	O	L	V	U	T	N	E	T	L	L	I	C	A	R	H	O	T	T	U	L
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C	Y	A	S	T	O	I	R	I	S	T	P	I	N	T	L	R	I	N	C	U	C
S	T	M	B	I	R	I	S	S	T	O	R	S	A	O	O	U	S	O	C	O	E
B	S	I	O	S	C	E	I	E	U	E	E	L	L	G	P	L	Y	R	M	L	
U	E	L	O	E	N	F	H	P	O	N	A	C	T	P	Y	U	H	U	O	B	L
S	F	Y	K	M	I	O	O	S	I	N	O	R	G	N	M	Z	T	H	S	I	K
S	I	H	S	E	L	L	L	L	I	M	G	N	I	N	E	Z	L	E	S	E	C
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S	P	A	A	T	P	A	V	C	C	K	B	S	T	E	S	E	E	A	N	O	R
I	D	N	I	S	E	T	S	A	O	E	T	U	H	D	E	S	H	A	R	U	S
S	A	C	I	H	S	T	H	O	R	S	S	E	P	H	E	A	R	N	D	T	F
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L	A	N	O	T	I	A	N	R	E	I	N	I	C	O	M	P	U	T	E	R	S

The hidden message is: FIRST PUBLISHED IN SEVENTEEN SIXTY FOUR THE OLDEST CONTINUOUSLY PUBLISHED NEWSPAPER IN THE USA IS THE HARTFORD COURANT.

## Sudoku

9	8	1	4	6	3	5	2	7
6	3	7	9	2	5	4	8	1
4	5	2	1	7	8	6	9	3
3	6	9	2	4	1	8	7	5
1	7	4	8	5	6	9	3	2
5	2	8	7	3	9	1	4	6
8	1	5	3	9	2	7	6	4
7	9	3	6	1	4	2	5	8
2	4	6	5	8	7	3	1	9



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